

The Achiever



Northmead Creative and Performing Arts High School newsletter

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No 1 Term 2

MAY 2018

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IMPORTANT DATES

JUN 6	P and C MEETING
JUN 11	QUEENS BIRTHDAY WEEKEND
JUN 18	MID YEAR SHOWCASE
JUN 19	ZONE ATHLETICS CARNIVAL
JUN 26	PARENT TEACHER EVENING YEARS 7, 9 11.
JUNE 28	DRAMA MID YEAR SHOWCASE
JUNE 29	DANCE MID YEAR SHOWCASE
JUL 2	VACCINATION 8, 10 11
KUL 3	PARENT TEACHER EVENING YEARS 8, 10, 12.
JUL 4	VISUAL ARTS MID YEAR SHOWCASE

TERM DATES 2018

Term 1	30/01/2018—13/04/2018
Term 2	01/05/2018—06/07/2018
Term 3	24/07/2018—28/09/2018
Term 4	15/10/2018—19/12/2018

SECOND HAND CLOTHING

Parents/Carers,

Your help is required!!

We are in desperate need of second hand uniforms.

If your child has outgrown their school uniform and it is still in good condition - Why not donate it back to the school? We would really appreciate the donation and will find them a good home.

PLEASE NOTE

NEW HILLBUS
TIMETABLE
EFFECTIVE
4TH
JUNE, 2018

Achiever of the Month— Mishti Rastogi



Mishti Rastogi is a Year 11 Student who was nominated to represent Northmead CAPA High in the UBS Academy of Finance Camp that runs for 4 days. Her application was selected out of 40 competitors throughout New South Wales, and is the first student to be chosen from Northmead CAPA High School.

Mishti is also a prominent student in the school, being a proud member of the SRC, conducting fundraisers and helping out in many school events.

PRINCIPAL'S REPORT

Principal Matters

This month saw the annual Athletics Carnival held at Roxborough Park. The staff and SRC worked hard to ensure that the day was a huge success. It was wonderful to see all the students participating and enjoying life. Sport carnivals are compulsory school events and are considered to be an important aspect of school life. I am urging all parents to ensure that their children immerse themselves in school life and participate fully in all of the opportunities which are made available to students. There have been many individual achievements this term so far. Jack Hunter has been selected to compete in diving for the National Competition in Perth. We wish Jack all the best with his endeavours.

The Australian Teacher Magazine published an article on our Aviation course which enables students to fly drones for many different purposes. Students will receive a Certificate 111 of Aviation (Remote Pilot Visual Line of Sight) VET course. The journalist interviewed Mr Knight from TAS and several of the students in the course. I have included the article for you to read later in the newsletter. Last month a similar article was also published in the same magazine. Mr Flanagan was interviewed highlighting the wonderful work in Drama and performance at Northmead CAPA High School. It is very rewarding for teachers and students to have their achievements acknowledged in the wider community particularly in the educational community, which leads me to Wakakirri with many students and staff working towards the 10th September's NIDA Awards Night. The team is motivated and committed to achieve excellence and are meeting weekly according to their performance schedule. We eagerly await our first viewing of the total performance.

Other interesting things from this past month are that the Performance spaces have finally been handed over and Dance lessons are conducted in the new studio. There is still a lot of work to be done around the Performance space but this will happen over time.

Year 11 break in the new performance space.



PRINCIPAL'S REPORT



Drama has established its Drama Quarter in Rooms 7 and 8, Music has added Room 84 to their practical performance spaces. Circus has finally got into the air. Students and teachers have been working on the lyra, silks and trapeze. We are eagerly awaiting their first performance at the end of term.



Violetta Bozanic has been selected to represent Team Australia in the World Championship of Performing Arts in the USA and Abira Harvey has been interviewed on local radio about her passion for sustainability and artistic talents. Sophie Tims has also been successful in Teen of the Year and is competing in Townsville later in the year. Congratulations girls, on your individual achievements. We are all supporting you.

Finally, it is mid term and many assessment periods are in full swing. I am hoping that all students are reflecting on their learning and studying hard to demonstrate their learning.

Regards

Narelle Vazquez

DAWN SERVICE—ANZAC DAY

DAWN SERVICE ANZAC DAY 25 APRIL

At 4.20am, our school captains, vice captains, and other students came together at St Alfred's Park Parramatta to commemorate 100 years since the end of WWI at the Dawn Service on Anzac Day.



(Mitchell Farrugia and Elise Baxter school captains)

We could hear the drum beat from streets away where those who were marching had left the Parramatta RSL Club and were on their way to the Cenotaph. The Salvation Army Band played, the choir sang, the defence force, family members of ex-servicemen and women, RSL members, community service men and women and general members of the community, came together to share in the solemn reflection, and honour those who sacrifice their lives for our freedom and peace amongst other nations.

DAWN SERVICE—ANZAC DAY

Elise Baxter and Mitchell Farrugia (school captains) along with Daneal Gardiner and Jaxon-John Moala (vice captains), Taylor Katavich, Gabriella Farrugia and Furqaan Raja laid a wreath at the Cenotaph on behalf of all the Northmead Creative and Performing Arts Students and Teachers. There were other students in the crowd that we met up with at the end of the service.



Thank you to the parents, grandparents and carers that set their alarms and woke up early, braced the cold and came to the Dawn Service with their children – a sterling effort and one that leaves a legacy to the next generations about pride and respect for the country men and women who serve our nation on a daily basis, and for those who have paid the ultimate sacrifice in doing so.

Lest We Forget

Mrs C Kennaugh

(Senior Leadership Adviser)

COCKATOO ISLAND REPORT

Cockatoo Island Excursion

Why we went:

The Year 9 GAT task for this year requires the students to design, organise and conduct a Site Study Excursion for the rest of Year 9. The site chosen is Cockatoo Island; a national site which has changed considerably over time. The preservation of Nation Historical Sites is the driving concept behind this task. In order for the GAT students to be well briefed on the site, we went on a reconnaissance excursion to have a self - guided tour. We need this exposure to the site and additional research to effectively complete the task. As part of our GAT Week Assignment, Year 9 GAT students (from classes History 1 and 2), visited Cockatoo Island to understand the



changes that occurred there and how it was previously used. For GAT Week, GAT students are to create an exercise booklet about Cockatoo Island and the specific locations on the Island. This gives the students a base to learn off, about its history and importance, in Australia's creation.

What we did:

The GAT students of Year 9 spent the day in pairs learning a heap of information about Cockatoo Island, its historical factors and the changes that occurred over time, between the times of WW1 and today. Each historical artifact on the island was a station for us to learn about. Each pair would walk around the island visiting each station on the island, learning about its history and how it has developed to become what it is to this day. We were supplied with booklets from previous years, to provide us with an example of what to do, and we were to answer the questions. After finishing the journey around the island, we had a short lunch before returning to school. Many students went around the island, taking pictures and looking at various artifacts, once more, from a different perspective. The day turned out to be a wonderful adventure of learning and having fun with friends.



What we learnt:

Cockatoo Island has a long and illustrious history dating back to the time of first settlement, playing a significant role in the development of Sydney and the nation. The island's first visitors were most likely in 1788, the Eora people, the Aboriginal people of

COCKATOO ISLAND REPORT

Sydney's coastal region. They called the island "Waremah". In 1839 the Governor of the colony of New South Wales, Sir George Gipps, chose Cockatoo Island as the site of a new penal establishment to alleviate overcrowding on Norfolk Island. Convicts were put to work building prison barracks, a military guardhouse and official residences. In short, we learnt about the history of Cockatoo Island, and its previous applications as a home for convicts, a ship building site, a reform school, and we also discovered its role in World War 2.

Best Part of the day:

For many students the best part of the day was learning about the island's past and history; however many people also enjoyed hanging out with their friends and spending the day outside. The view, from the higher altitudes, was beyond amazing. The sun, sea and seagulls along with being on an island so interesting.

What will happen in the future:

Later on in the year, end of term 2 or start of term 3, GAT Students will have the opportunity to participate in two intensive focus days to work on creating their own tour books for the rest of year 9. They will be assigned roles as Tour Guides and Site Experts, and will guide the other year 9 students around the island, educating them about the history of the island. This will be achieved through the help of what we learned ourselves from our previous visit to the island. As a special treat for GAT students, they will camp the night out on the island, hanging out with friends and enjoying themselves. The next morning, before returning to school, the students will sit a test about the history of the island and what they learnt about it. The results of this test will go towards their yearly reports as well.



By Asmi Mitra & Chelsea Carter

DRONE COURSE EMPOWERS STUDENTS WITH LOFTY DREAMS



Tech-Savvy students at Northmead Creative and Performing Arts High school are hoping to take their Career prospects to new heights, with the specialist knowledge they are gaining in the field of drones.

This year, the New south Wales school has offered a Certificate III of aviation (Remote Pilot Visual Line of Sight) VET course.

“It’s an exciting educational opportunity,” teacher Andrew Knight tells Education HQ.

“Technology is advancing at a rapid rate and this is a great opportunity for us to further incorporate current and emerging technologies in our school curriculum.”

Twenty students have enrolled in this year’s course, and have their peers to thank for the opportunity. Christopher Fais-Ayon and Ilija Svasta were two of the students who noticed the Certificate III of Aviation while browsing stalls at the Western Sydney careers Expo.

“We brought it up with our careers adviser and she said she’d look into it and then...two weeks later she Told us that we could have the opportunity to have it running at our school the following year,” Svasta says.

Aside from gaining a leg up on other students their age, the Year 11 boys say doing the course as part of their secondary schooling is saving them up to \$4,500.

Knight says the offering has drawn an unexpected cohort of students.

“It’s interesting that a large percentage of the students [enrolling]are more academically talented students, it’s not low-ability students which you may expect,” he says.

DRONE COURSE

“These students have chosen this course because they see it’s a way to further their career and make them more employable...”

Fais-Ayon, who plans to use his specialist knowledge in the film industry when he leaves school, says career options are limitless.

“There are drones being applied to lots of different fields, for example [in]real estate, they use it a lot.

“[Also] security, you can have special cameras on it like infrared and you can use it for monitoring, surveillance, you can apply it to sports and photography, the film industry...you can fly drones in Whatever field you’re interested in,” he says.

The students have been working with microdrones to hone their skills on a simpler device in preparation for when their VET teacher bring in the more expensive DJI Phantom 4s.

“We learn the theory about how to control the drone manually, so that’s why we have the smaller drones, because they don’t have high tech GPS and stabilisation on them,” Svasta explains.

“So we learn how to fly them manually and then when we get onto the DJI Phantom 4s, we can fly them easier.”

Students are also looking in detail at the laws pertaining to drone use, an important area which can often be forgotten in the excitement of the cutting-edge technology.

“In the theory classes we’re learning more about the rules and regulations of flying in suburban areas,” Svasta says.

“So what different areas we can fly in and the flight limits, for how high we can go, how fast, and what Sort of areas we can go in.”

Fais-Ayon says he and his classmates are also learning new skills in sequential scanning and observations, mapping and accounting for different weather conditions.

(This story appeared in the June 2018 edition of *Australian Teacher Magazine*, written byChelsea Channing.)

English Report

It has been a busy month for the English faculty with preparations for the Premier's Debating Challenge starting, the Creative Writing Club and a Year 11 Standard English incursion.

On the 8th of May, students in the Year 11 Standard English course were fortunate enough to have a panel of Aboriginal people speak to students including Aboriginal Elder, Uncle Greg Simms, Jacqueline Gibbs who works with AIME, and Liesa Clague, a parent/community member who works in Health Education. They shared a yarn, discussed the significance of language to their culture, and explained how technology has increased the use of local languages, which is fundamental to the current module students are studying. A big thank you to these amazing presenters and well done to Ms Mattos and Ms Morse for organising the day and driving this course.

This month, we have also had the great news that 10 or more students from Northmead CAPA High School have successfully progressed past the initial judging in the 2018 Write4Fun Competition and the school has received a certificate of excellence. This is an outstanding achievement as less than 10% of schools showed this level of achievement! Congratulations to all students who participated.

S. Lee
HT English

Creative Writing Club

In the last period of the class, a buzz of excitement hummed through my class as many of my peers and I were preparing for our first session of 'creative writing club'.

When we walked into class, I saw many unfamiliar faces of people from different year groups, and I could tell this was going to be a fun and social experience. I opened my book, partially anticipating for this to be like a regular class, but was pleasantly surprised when Ms Lee rushed in with a bright grin. She let us tell everyone why we joined the club, and we shared our favourite genres with one another. Many other students shared similar tastes as me, and I became more keen to see what else Miss had planned.

Ms Lee told us that we would be focusing on olfactory imagery (smell) and went to the staffroom to get us a 'surprise'. I could hear everyone in the class trying to guess what she would bring to us, but before she entered the room again, she told us to close our eyes, and let our noses give us the answer to our questions. We then all hesitantly smelled a plate with lemon slices on it, and were told to write how it smelled. After Ms Lee asked for us to read our responses, I gained a lot of inspiration from other students, and edited what I had wrote. Then, Miss asked us to think of a memory related to lemons, and write a creative piece about it, obviously focusing on olfactory imagery. After, we once again shared our stories, and I enjoyed listening to the others as many students had amazing writing. I could tell we all gained ideas from one another, and really valued that we got to share and gain inspiration from each other. Overall, the experience was worth it, and I'm glad I joined.

Bethany Ly (Year 10)

Lemon juice, flour and egg stirred together to make a fluffy combination of lemon pudding carefully placed into the preheated oven. The timer goes off and all I can think about is the scrumptious scent and taste of the lemon pudding. My Dad opens the oven and I can immediately smell the sweet sensation of lemon heaven. He serves me a piece, I pick up my spoon and take a small piece out of the bowl and put it in my mouth. My taste buds tingle as I savour every warm piece of lemon as it seeps out of the stiff meringue. I feel complete, I feel as if all my problems are gone until I finish my bowl. It's all gone, all the lemon sensation is gone, I have no more sweet, heavenly, problem-solving meringue in my bowl. I'm done for.

Tessaria Annells (Year 8)

Chocolates, a Gustatory Journey

On Tuesday the 10th of April, 2018, the Creative Writing Club had an exciting day of subtle sweetness which had come from unknown sources; of course... it was chocolate or within some people's circumstances, candy. Ms Lee, the advisor of the Creative Writing Club, had generously given us different types of snacks such as chocolate or candy but we could not see what we were choosing. This was meticulously done by Ms Lee, by letting us choose whatever we had touched on a plate... within a box. People were quite worrisome about this idea yet we all put our trust in Ms Lee. One by one the chocolates and candies left the box and tastes that had never been experienced by students suddenly enriched their mouths. Ms Lee had given us a new experience in life. Some students felt so compelled by these taste that they had to write a paragraph recounting their experience whilst others wrote a brief paragraph about another experience in life relevant to the day's theme of gustatory imagery.

Giovanni Lim (Year 10)

The smooth square streams through my mouths, slowly disappearing as the rough ridges appear from within. Sweet and luxurious taste fill my mouth as a subtle tang appears. Inch by inch the square disappears within until the rough pieces lay a drift on my tongue. I crunch on the little rock like lollies one by one till the only thing left is the lingering taste of sweetness filling my mouth.

Declan Hooke (Year 10)

My mother makes this devastatingly delectable lasagne. The smell is like nothing you've ever smelt before. The smell vexes me, haunts me, speaks to me even. It screams and screams just begging to be heard, 'Eat me!' Melted cheese and herbs sprinkled on top; I'm staggered by the way it looks, as if God has brought down a heavenly meal for us. It tastes like a hundred different meals squished into one. I swallow. It resonates deep within me and then I feel a huge sense of relief.

Sam Pashmi (Year 10)



CERTIFICATE OF EXCELLENCE

Awarded To

NORTHMEAD CREATIVE &
PERFORMING ARTS HIGH
SCHOOL

For Outstanding Student Achievement
in the Write4fun 2018 Schools
Writing Competition.



Julia Woods

Julia Woods
MANAGING EDITOR



India Creates Art for Parramatta Eels

Year 11 student, India Lewis, was invited to create an Indigenous Artwork for the Parramatta Eels to present to the Canterbury Bankstown Bulldogs last week before their 2018 NRL Indigenous Round. If you saw the coverage on channel 9, you would have seen India standing besides the players as they exchanged gifts.



Taking over three days to complete, India incorporates her proud Aboriginal Heritage and her love for Rugby League, with the Eels and the Bulldogs coming together to celebrate and acknowledge the traditional custodians of the land. She came up with the concept, painting scrapes of each team's colours on opposing sides with the hands meeting in the middle to signify the friendly nature of the game and the importance of sportsmanship.

Congratulations India on this wonderful achievement.

Hospitality Functions

On the 3rd and 10th of March 2018, students from Year 9 and 11 hospitality classes were given the opportunity to gain experience in the workforce. On the nights we catered, prepared and served small meals to the NCAPAHS teaching staff for the Parent and Teacher Night functions.

One of the main things that we learnt when we helped out was that co-operation and communicating with one another were key skills and that it was vital to adapt our roles and jobs during the function. Numerous students had to take on various roles including; Head Chef, Sous Chef, Special Dietary Coordinator, Beverage Coordinator and the Quality Assurance Coordinator.

It was crucial that we were efficient in preparing, cooking and presenting dishes, following safe food practices and maintaining good hygiene.

Overall, the nights were a great opportunity to learn skills and to gain experience needed for our hospitality course. It was a highly enjoyable and fun experience for all.



Written By Angeline Camilleri & Thomas Archer

Dance Off Camp By Kaleisha Pearse (Year 12 Dance 2018)

At the end of Term 1 2018, I attended Dance Off Camp with 19 other dance students from Northmead CAPAHS.

I started going to Dance Camp and representing in their Dance Off Troupe in 2012 and have gone every year since.

Dance Camp is such a good way for you to be pushed as a dancer and experience many different styles and choreographers. The four days all have about 3-4 different workshops of jazz, contemporary, ballet or hip-hop and many others and at the end of the week we get to perform all that we have learnt for all of the parents.

Dance Camp is a really supportive environment and has such a good vibe within the whole camp.

Dance Camp also holds a DOTT (Dance Off Talent Time) where each cabin has to create a piece in their spare time and/or in between workshops to perform in front of everyone at the camp as well as the mentors/teachers as a little competition of the last night.

I have performed DOTT with Northmead for 4 years and have received 2nd and 3rds each year.

At the end of the camp the mentors and owners, Kim and Lance gave out awards for the dancers they thought had stood out in a certain style. This year I received the jazz award and in previous years I have been acknowledged in the hip hop, jazz and JFH awards.

Dance Camp also selects students to represent them in their Dance Off troupe; where dancers perform in many different shows including Synergy at Penrith Panthers and Pulse at the Sydney Opera House. We normally have about 2 or 3 rehearsals to learn a piece to then perform.

Dance Camp has helped me grow as a dancer and I am so grateful to be apart of something so positive and I truly recommend it to dancers in the future.



SYNERGY PUBLIC SCHOOLS DANCE FESTIVAL

It is with great pleasure that we announce that our Contemporary and Jazz as well as our Dance Company have been selected through an audition process to be a part of the '2018 Synergy Public Schools Dance Festival.'

PERFORMANCE DATES

June 5th & June 12th

If you would like to purchase tickets to watch and support our AMAZING dancers, you can purchase tickets at:

www.ticketek.com.au

We hope to see you there!

ABIRA HARVEY

Congratulations to Abira Harvey who represented NCAPAHS at the Arts Unit Years 10-12 Dance Workshop at Sydney Dance Company. The students enjoyed intensive master classes in Composition with Janet Ashiabor, Contemporary with Rani Luther and Yoga Applied to Dance Technique with Josie Brook.



Congratulations to the successful members of the brand new Junior Dance & Hip Hop Ensembles

JUNIOR ENSEMBLE
FRIDAYS 2:30PM-3:30PM
With Miss Matilda Walker

YEAR 7

1. EBONY CODD
2. ALYSSA BROWN
3. ISLA MURDOCH
4. SAHIL VENGURLEKAR
5. MEGAN GERIGK
6. RUBY FORSYTH
7. CHARLOTTE HAYES
8. PIPER BELLPATRICK
9. TIFFANY TANASALE
10. PHOEBE BUCK
11. RHIANNA BELL
12. SCARLETT CASCIO
13. BOADIE WILKINSON
14. DIYA BADUVANDA

YEAR 8

15. BELLA MCCANN
16. CAITLIN BOWEN
17. EDE GREIG
18. KALI MADDEN
19. RISHIKA MANJU
20. LIZZY DAVIES
21. PIPER CASSIDY
22. LORELEI HULL

HIP HOP ENSEMBLE
THURSDAYS 2:30-3:30PM
With Amin & Brandon

YEAR 7

1. SAHIL VENGURLEKAR
2. RUBY FORSYTH
3. PIPER BELLPATRICK
4. ZOE FAMULARO
5. MIA EL KHOURY

YEAR 8

6. TAENA KIM
7. RISHIKA MANJU
8. ALEX HEWETT
9. LORELEI HULL

YEAR 9

10. DARSH TRIVEDI
11. CORY MURPHY

YEAR 10

12. ANA KIM
13. ADAM RUDDY
14. MONICA LIU
15. AVIGALLE MENDOZA

YEAR 11

16. HAYLEY BUTLER
17. TAYLOR KATAVICH

DRAMA NEWS

SCHOOL SPECTACULAR 2018

@ Qudos Bank Arena 23-24th November

Congratulations to all the following students who are representing Northmead CAPAHS Drama at this year's prestigious annual showcase event - we salute your talents and passion for acting!

Some Drama Company students worked with Ms Garcia McCabe to playbuild a 90 second audition performance as per the requirements. All students were successful in their audition and we look forward to an upcoming workshop at NIDA where we will find out a little more about the Drama item that we will feature in for SS.

'Schools Spectacular' Combined Drama Ensemble members:

Yr 11 –	Mali Land-Strykowski	Hayley Osborne	Kirsty Saville
Yr 10 –	Victoria Butterfield	Rose Fisher	Jeremy Hare
	Ash Heming	Claudia Morsink	Sam Noll
Yr 9 –	Catherine Bell	Jacob Selwood	Maddison Shiels

CO-LAB WORKSHOP INCURSION

@ NCAPAHS Hall 11 May

Congratulations to the following DRAMA students who had the most amazing opportunity to partake in the NSW Arts Unit Drama Workshop – COLAB.

YEAR 12 DRAMA

IRELISH BARKER
GANU BHALERAO
STEFANIE DELLZEIT
BRITTANY HICKEY
NICHLAS MATZEN
TIFFANY NAYLOR
DAIMON PERNA
FRANK PROFILIO

YEAR 11 DRAMA

EMILY HAYES
YEN HOANG
TAYLAR SANT
KIRSTY SAVILLE
SOPHIE TIMS

YEAR 10 DRAMA

TASMYN OGILVIE
BAILEY WITHERS
DECLAN HOOKE
SAMUEL NOLL

These students were able to work with drama industry professionals - Matt Coleman, Franki Marrington & Dannielle McKinnon, who have provided all students with outstanding learning experiences and fresh insights into devising theatre that will benefit them greatly in the HSC.

Northmead CAPAHS

DRAMA NEWS

Northmead CAPAHS was also the host school for this workshop, where we opened our doors to other public school students who were very impressed without our brand new modern facilities.



Northmead CAPAHS

DRAMA NEWS

NSW Public Schools Senior Drama Company production of 'Yerma'

@ NIDA

20-22nd June

State Drama Company members Brittany Hickey and Irelish Barker (Yr 12) will perform in their roles in 'Yerma' that they have worked on all year at weekly rehearsals with the Performing Arts Unit. We congratulate them on their final performance season with the PAU and we wish them every success on stage at NIDA. We are proud of their incredible achievement and can't wait to see their future stage endeavours.



Year 12 Drama @ NCAPAHS

Year 12 Drama have begun their playbuilding with Mr Flanagan for 30% of their HSC examination mark for the Group Performance. We wish them luck as they work collaboratively and creatively together and look forward to seeing their pieces at their Showcase evening early next Term.



Year 11 Drama to see 'Stolen'

@ Riverside Theatre 1st June

Year 11 Drama will have an excursion with Ms Garcia McCabe as part of their studies in Australian Drama. This ground-breaking and emotional theatrical journey produced by the National Theatre of Parramatta should be a highlight for our students and we are grateful for the opportunity to see one of our future HSC texts come alive on stage.



Northmead Creative & Performing Arts High School

Music NEWSLETTER May 2018

NORTHMEAD CAPA HIGH SCHOOL CONCERT BAND

A reminder that the Concert Band rehearses Monday afternoons after school from 2:30pm - 3:45pm in Music Room 81. New students are welcome to join this ensemble for all woodwind, brass and percussion instruments. Applications available at www.teachingservices.com.au or www.northmead-h.schools.nsw.edu.au/

Group tutorials and Individual lessons are also. All enquiries please contact Mr Wilson.

SCHOOLS SPECTACULAR

Congratulations to **Ruhi Lavaki** Year 11 & **Sienna Henderson** Year 8 for progressing the final round of auditions for this year's School Spectacular. Special mention also for **Diya Baduvanda** Year 7 for her audition for the Core Choir. Best of luck to these performers. Well done!

GUITAR ENSEMBLE

Guitar Ensemble has again started this term. All new and interested students are welcome to attend at lunch times on Tuesday to practice. Please see Mr Wilson for information.

MUSIC TUITION

All invoices for Term 2 tuition have now been emailed. Any students and parents who have outstanding fees are reminded to finalise payments by the end of term to reception or via the online payment system available on the school's website. Places are still available for guitar with information available at: www.northmead-h.schools.nsw.edu.au/capa/music-tuition

Vocal lessons will only run to and including week 8 this term. Weeks 9 & 10 Elizabeth Issa will not be available.

MUSIC PERFORMANCE EVENING

Don't forget our Music Evening is in school hall this year Monday 18 June. The main performance starts at 5pm, however there will be pre-show entertainment with acoustic performances starting from 4pm. Tickets available at www.trybooking.com

Please ensure all notes are returned to the Music teachers well before the rehearsal and performance day.

All performers note attire: Black pants, black dress shoes, school shoes are fine, no sports sneakers please. Either a black or white collared dress shirt without logos, no t-shirts. Girls wearing a skirt or dress must wear stockings for their performance.

MAMMA MIA EXCURSION

Students from Drama, Music & Entertainment classes attended Mamma Mia The Music in Term 1 at the Capitol Theatre. It was a fantastic performance, highly recommended with wonderful songs from a great cast of performers and musicians.





**The Inner Wheel Club of
Baulkham Hills Inc.**

presents its seventh annual

Musical Evening

*to showcase some of the musical talent of
students in The Hills District*

**at 7.00 p.m. on Wednesday 20th
June, 2018**

in the hall at

**Northmead Creative and Performing Arts High
School,**

28 Campbell Street, Northmead

Parking in the local streets.

Purchase tickets at: **TryBooking.com**

Adult \$15; Students (to 18 years) \$8; Family \$40

*Items will include choir, dance, band and individual or
group vocal and instrumental performances.*

*Purchase a sausage sandwich and a hot or cold drink from
about 6.00pm.*

*The Hills Community Concert Band will provide a prelude
to the concert from 6.30 pm.*

Northmead Creative & Performing Arts High School

**2018 MID YEAR
SHOWCASE**



MUSIC

**MUSIC - Monday 18th June 2018
School Hall @ 5:00PM - \$15**



DRAMA

**DRAMA - Thursday 28th June 2018
School Hall @ 6:00PM - \$15**



DANCE

**DANCE - Friday 29th June 2018
School Hall @ 6:00PM - \$15**

VISUAL ARTS



**VISUAL ARTS - Wednesday 4th July 2018
School Hall @ 3-7PM
Official Opening @ 6pm
Entry Gold Coin Donation**

Web Booking – www.trybooking.com

NEWS FROM THE LANGUAGE DEPARTMENT

Bunka-bu (Anime/Manga club)

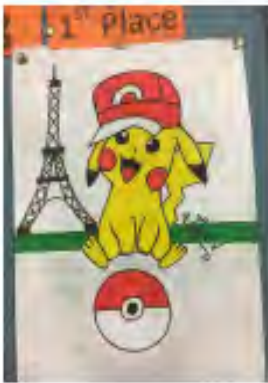

Meeting at lunchtime on a Tuesday in week B in room 72



Anahera Morrison, Madison Kapral, Zoe Verviris

Congratulations to all students who submitted their POKEMON IN A HOLIDAY DESTINATION drawings for our term 1 Manga competition. 1st place prize of a Japanese themed pencil and sketchbook went to Zoe Verviris of 7A, 2nd place prize of Japanese snacks went to Madison Kapral of 7A and 3rd place prize of Japanese snacks went to Anahera Morrison of 8T.

Well done to all of the the Term 1 competition prize winners. The theme for our competition in Term 2 is a STUDIO GHIBLI theme. We encourage all interested students to submit their drawings at any of our club meetings no later than week 8 (meeting details above). The competition drawings will be judged in Week 10 and prize winners will be announced in term 3.

		
1. Zoe Verviris (7A)	2. Madison Kapral (7A)	3. Anahera Morrison (8T)

Creative and Performing Arts as a Student Environmentalist

Recently Abira Harvey of Year 10 was interviewed by radio station Triple H 100.1 FM on the Half Hour Hoot program about her creative and performing arts abilities, alongside her strong environmental awareness activities.



ENVIRONMENTAL ACTIVISM

In her radio interview, Abira spoke about the vulnerability of our native wildlife, particularly birds vulnerable to tree culling for development in our local areas, and how her connections with the environment inspire her creative expression. Abira actively participates in numerous environmental activities including National Tree Day, Byles Creek Valley Protection Union, Save Epping's Forest Park, Bag Free Beecroft, and the Australian conservation program, BraidsOn of which she campaigned last year to save over 14,000 acres of rainforest. Her artwork was also recently featured in the lobby to stop Live Export. Abira operates her own conservation website 'Me for Trees' at:

<http://abiraharvey.com/conservation>

PRIZE ARTWORK 'Hornsby Young Artist's Exhibition'

Abira speaks about connecting with her surroundings when painting or drawing and telling a story. Her latest artwork was awarded 2nd prize in the recent Hornsby Young Artist's Exhibition telling the story of the 'Unsung Hero' about all artists' struggle for acknowledgement.

Abira presented her work as a reflection of herself, introspective of her everyday life as an artist, though moulded by historical Great Artists in her use of the sfumato painting mode typical to the Renaissance era.

Abira's artworks have also been exhibited in the Royal Easter Show, Art on Loftus, SHH Hybrid Arts Centre, Casula Powerhouse, and NSW Art Gallery.



ADVICE FOR CREATIVE STUDENTS

Abira's advice for creative students is to surround yourself with supportive people, embrace opportunities, think realistically but positively, act compassionately, take every opportunity offered, commit to and persist with your aspirations, be healthy, and most importantly be selective with friendships on social media to deter bullying. Abira says every day is precious and every moment counts, and believes our school offers so many of those moments. So, to make the most of them, Abira finds by keeping ahead with your school work, you can really enjoy and appreciate those extra CAPA activities offered, to nurture and develop creative pursuits.

You can listen to Abira's full interview by following the Radio Interview link at:

<https://abiraharvey.com/arts/projects>

**YEAR 11 COMMUNITY AND FAMILY
STUDIES CLASSES ARE RUNNING A
WINTER APPEAL**

**PLEASE DONATE CANNED FOODS AND
WARM BLANKETS TO ROOM 41 THIS TERM**



**SO THAT OUR SCHOOL COMMUNITY CAN
HELP THOSE LESS FORTUNATE THAN US
SURVIVE THE WINTER.**

**DONATIONS CAN BE RECEIVED ANY DAY OF
THE WEEK.**

THANK YOU!

SRC Newsletter May 2018



March 21st - Harmony Day

Harmony Day coincides with the United Nations International Day for the Elimination of Racial Discrimination. Each year, it is marked by people coming together and participating in local activities. The continuing message of Harmony Day is 'Everyone Belongs'. It is about community participation, inclusivity, celebrating diversity, respect and belonging. Northmead High School celebrates these values by hosting an orange oriented Multi-day as well as chocolate vendors, a sausage sizzle, proudly hosted by the Multicultural Committee, and a cake stall by the SRC. All funds gathered from Harmony Day went towards our sister school in Afghanistan, child sponsorships and scholarships. The SRC cake stall on Harmony day was a great success raising \$197.20. In addition, we would like to thank all students who wore orange and donated a gold coin.



April 5th - Annual Youth Forum

The City of Parramatta Council invited a number of young people, 12-25 years old, to participate in their 2018 Annual Youth Forum to help shape the City's future and share with the Council what matters to them.

Several members of the Student Representative Council attended the Parramatta Annual Youth Forum to share what we think matters. They participated in activities including:

- Hearing from our City's Lord Mayor and staff on Council plans, programs and projects for our City that are relevant to us as young people.
- Participating in activities to explore our ideas and opinions on Council's plans, programs and projects,
- Sharing our thoughts on what is important to us and want for our City.
- Meeting Council staff and other young people from across the Parramatta region.
- Two senior photography students, Georgia Hurren and Alisha Allison-John were invited by the council as official photographers for the day.



By: Yuden

and Kiana

April 10th - Badge Presentation and Anti-Bullying Assembly

The members of the Student Representative Council were presented with their badges at the Anti-Bullying Assembly on the 10th of April. In this assembly, students were further familiarised with bullying and the effects that it has on kids worldwide. An empowering video clip was broadcast, celebrities united for an important message. If you missed this terrific video clip, visit: <https://www.youtube.com/watch?v=cua5nYYM4S4>, and join everyone in saying, "Speak even if your voice shakes." If this message has brought up issues for you, you can call Lifeline on 13 11 14 or the Kids helpline on 1800 55 1800.



Speak Up - Speak Out
Northmead Creative and Performing Arts High School
Student Representative Council 2018

What can you do?

- S**peak up when you see or hear disrespect
- T**ell a teacher or adult you trust
- O**ffer assistance to others experiencing disrespect
- P**repare a statement

25th April - Anzac day

ANZAC day takes place on the 25th of April and commemorates all Australians and New Zealanders "who served and died in all wars, conflicts, and peacekeeping operations" and "the contribution and suffering of all those who have served".

Due to ANZAC day falling within the school holidays, an assembly was hosted to commemorate our troops on the final day of term. Legacy is a charity dedicated to caring for the families of veterans who have died or become incapacitated either on service or subsequently. This extends to veterans who have served in war and on peacekeeping and humanitarian missions.

As the SRC we showed our support by fundraising \$100 to the Legacy fund through the sale of ANZAC biscuits. A special thanks to all SRC members who kindly donated ANZAC biscuits in support.



By: Yuden

and Kiana

ROYAL EASTER SHOW:

Our Agriculture students participated in an excursion to the Royal Easter Show



OPEN NIGHT:

Year 6 students and their parents were introduced to the science labs through a number of activities during 2018 open night. They enjoyed a scientific experience that included molecular modelling, observing biological images via microscopes as well as hands-on activities



YEAR 11 CHEMISTRY EXCURSION TO ANSTO:

Year 11 chemistry students recently visited ANSTO. This was part of the Depth study that the students will engage in for the term.

ANSTO is one of Australia's largest public research organisations and is widely recognised as an international player in the field of nuclear science and technology.

During their visit, students were involved in various activities focusing on electron testing. They were also involved in many hands-on elements that included modelling of radio activity, and everyday uses of chemistry.

Students were also introduced to the role of research reactors, such as OPAL.



Science News

7-12 ICAS COMPETITION:

ICAS is an independent, skills-based assessment program which recognises and rewards student achievement.

Over one million student entries are accepted from over 6,300 schools in Australia and New Zealand annually.

In addition, students from over 20 countries including Hong Kong, India, Malaysia, Singapore, South Africa and the USA participate in ICAS each year.



ICAS provides an opportunity for students in years 7-12 to gain a measure of their achievement in an external testing situation. It provides teachers, parents and students with comprehensive reporting of results in the area of science.

This year NCAPAHS students have registered to participate in the competition. ICAS takes place this term on Tuesday 29th of MAY 2018. We wish our students best of luck and an enjoyable experience!

YEAR 8 GAT WEEK:

The Gifted and Talented Week at NCAPAHS is an invaluable experience for students to develop their creative and critical thinking skills which is designed to assist them in different subject areas.

Science plays a large role in understanding the physical world around us. Students in year 8 were introduced to Chemistry using a variety of scientific activities and experiments. Students were engaged in hands on practical activities such as observing change in indicator colours, making natural indicators by boiling cabbage and testing everyday household chemicals using the indicators they have made. Through these activities students gained knowledge of how to use resources more effectively.



School Travel Advice

For trip planning visit www.transportnsw.info or call 131 500.

For current Hillsbus school and route services visit www.cdcbus.com.au or call 02 8889 7000.

Conditions of Carriage: Students must have a valid Opal card, term pass or pay a cash fare. Students must tap on and off every trip. Further details about the SSTS are available at: www.transportnsw.info

Key: L> Bus turns left; R> Bus turns right

NORTHMEAD HS

Bell Times

Effective 04/06/2018

Morning: 08:15

Afternoon: 14:35

MORNING BUSES

Route	Time	Bus Route
702	06:52	EX ELLAM DR & LUCRETIA via Route 702 to Hills Sports HS. Transfer to Route 8029 (see below)
T60	06:56	EX CASTLE TOWERS via Route T60 to Winston Hills Shops Due (07:25) Transfer to Route 606 (due 07:25) for travel to school
2053	07:10	FERNDALE CL BEFORE CONSTITUTION RD via Ferndale Cl, L>Constitution Rd, L>Emma Cres, R>Greenleaf St, R> Fitzwilliam Rd, R>Old Windsor, L>Hammers express to school
2051	07:12	EX CNR DARCY RD & BRIENS RD via Darcy, R>Binalong, R>Burrabogee, Bogalara, R>Fitzwilliam, L>Old Windsor Rd, R>Oakes, R>Barnetts, L>Reilleys, R>Lanhams, L>Willmott, R>Churchill, R>Windsor Rd, L>Fletcher to school
2050	07:12	EX FITZWILLIAM OPPOSITE LAMONERIE via Fitzwilliam to Old Windsor Rd then EXPRESS to school
601	07:13	EX KELLYVILLE - ACRES RD via Route 601 to corner Windsor Rd & Campbell
2042	07:14	EX WINSTON HILLS MALL (LANGDON RD) via Langdon, Buckleys, L>Lanhams, R>Reilleys, R>Barnetts, L>Oakes, L>Old Windsor, L>Hammers to first stop after Old Windsor Rd, then express to school
603	07:17	EX PARRAMATTA STATION to corner Windsor Rd & Hammers Rd
8029	07:19	EX SEVEN HILLS STATION STAND B via L>Prospect Hwy, L>Best, L>Cornelia to Railway Overbridge then express to school
606	07:25	EX WINSTON HILLS SHOPS via Route 606 to Windsor after Briens
601	07:35	EX PARRAMATTA STATION to corner Windsor Rd & Hammers Rd

AFTERNOON BUSES

Route	Time	Bus Route
2559	14:38	TO SEVEN HILLS STATION via EXPRESS TO Fitzwilliam Rd, then via Station Rd, L>Prospect Hwy, Terminus to Seven Hills Station
2528	14:40	TO OLD TOONGABBIE & GIRRAWEE HS via Hammers, L>Kleins, R>Briens, R>Darcy, R>Hart, L>Ferndale, L>Constitution, L>Emma, R>Greenleaf, L>Fitzwilliam, L>Binalong, R>Wentworth, L>Goodall, R>Joyce, L>Pendle Way, R>Gilba to Girrawee HS.
2529	14:40	TO SEVEN HILLS STATION via EXPRESS TO Abbott Rd, Prospect Hwy to Seven Hills Station, then via Terminus, L>Prospect Hwy, L>Best, L>Cornelia, R>Metella Rd to Portia Rd
2554	14:42	TO BAULKHAM HILLS via R>Windsor Rd to Baulkham Hills Junction
2543	14:43	TO OLD TOONGABBIE EXPRESS TO FITZWILLIAM L>Bogalara, Burrabogee, R>Binalong, L>Fitzwilliam, Station to Powers Rd
2539	14:43	EXPRESS TO PARRAMATTA STATION ONLY



School Travel Advice

Route	Time	Bus Route
2563	14:45	TO WINSTON HILLS & SEVEN HILLS STN via Murray, Caprera, L>Windermere, L>Windsor Rd, R>Churchill, Caroline Chisholm, L>Voltaire, L>Lanhams, R>Reilleys, R>Barnetts, R>Lomond, R>Caledonian, L>Lanhams, R>Buckleys, R>Langdon, L>Gibbon, L>Old Windsor Rd, L>Caroline Chisholm Dr, L>Langdon, R>Gooden, L>Larken, L>Redmond to Model Farms HS then via R>Baulkham Hills, L>Marina, L>Seven Hills, R>Solander, L>Joseph Banks, L>Whitby, L>Vardys, R>Johnson, R>Northcott, L>Freeman, L>Lucas, R>Prospect, L>Terminus to Seven Hills Station
2628	14:45	TO GIRRAWEE HS EXPRESS TO DARCY then R>Hart, L>Ferndale, L>Constitution, L>Emma, R>Greenleaf, L>Fitzwilliam, L>Binalong, R>Wentworth, L>Goodall, R>Joyce, L>Pendle Way, R>Gilba to Girraween HS
3650	14:45	EXPRESS TO FITZWILLIAM RD then L>Binalong, R>Bulli, L>Bungaree, L>Burrabogee, R>Binalong, L>Darcy to Darcy Rd PS
2639	14:50	TO PARRAMATTA EXPRESS TO FACTORY ST via Church St, L>Victoria, R>Wilde, Smith, Station, R>Interchange
2541	14:50	TO WINSTON HILLS via Campbell, R>Windsor Rd, L>Churchill, R>Willmott, R>Model Farms Rd, L>Asquith, L>Junction, R>Watkins, L>Cropley, R>Junction, L>Ixion, L>Caroline Chisholm, L>Hillcrest, L>Junction, R>Caroline Chisholm, L>Langdon, Buckleys, R>Oakes, L>Barnetts, L>Reilleys, L>Lanhams, R>Buckleys, Langdon, R>Langdon, L>Baulkham Hills, R>Gooden to Langdon
706	14:55	EX WINDSOR RD & HAMMERS RD TO WINSTON HILLS, KINGS LANGLEY & BLACKTOWN via Windsor, L>Churchill Dr, Caroline Chisholm Dr, R> Langdon, L>Gibbon Rd, R>Tway, R>Old Windsor, R>Seven Hills Rd, R> Joseph Banks, L> Whitby, R> James Cook Dr to Kings Langley Shops, then via James Cook Dr, L> Sunnyholt Tway to Blacktown Interchange
601	15:01	EX WINDSOR RD BEFORE LOMBARD ST via Route 601 to Rouse Hill Town Centre
603	15:05	EX WINDSOR RD TO PARRAMATTA STATION via Windsor Rd, Church St, L>Victoria, R>Wilde to Smith St

Changes to Hillsbus timetable effective 4th June 2018

The timetable for most public routes of Hillsbus are changing, students catching the public routes are encouraged to check their new school advice.

The new bus timetables are available on www.transportnsw.info

Please find the [updated school bus advice sheet](#) (pdf 201 KB) for Hillsbus services commencing 04 June 2018.

Students can view the new timetable on the notice board board near Students Services. The updated timetable is also available from the schools website.

Regards



The positive new TV series XVenture Family Challenge is calling for entries now!

XVenture Family Challenge TV series - looking for great families

Your family could have the experience of a lifetime and win \$25,000 whilst representing our school and community! Team and Leadership experts, XVenture, are looking for great Australian families to participate in the family experience of a lifetime. XVenture Family Challenge presented by ecostore is the positive new TV series featuring families* (2 adults and 2 adolescents 11-16) learning, growing and developing together whilst competing in a series of fun, unique and exciting challenges. 8 Australian and 8 New Zealand families will be selected to spend 4-10 days in the stunning Bay of Islands competing for the title of XVenture Family Challenge Champions and the \$25,000 cash prize! To find out more, go to www.xventurefamilychallenge.com (Ctrl + click to open this page)

*"Family Team" - four people who are related (including aunts/ uncles, half- siblings, foster families, etc.)



Northmead

Creative and Performing Arts High School

Bicycle Policy

Students wishing to ride their bicycle to school need to read the following and return the second page of this document with their parent's signature to the Front office.

Parents and carers are responsible for how their child travels to and from school. However, under duty of care, schools are responsible for the student once they have entered the school premises.

Since July 1 1991, cyclists of all ages have been required by law to wear a helmet. By law, all riders and passengers must wear an Australian and New Zealand Standards (AS/NZ2063) approved helmet. Helmets need to be securely fitted and fastened on the rider's head. Advice on how to correctly fit a helmet can be found in the RTA publication *Information for parents and carers about safety on wheels*.

Students wishing to cycle home from sport during school time must have the Principal's written permission and must **WALK** their bike to the venue and in the company of the teacher on duty. Once dismissed from the activity they must wear an Australian and New Zealand Standards (AS/NZ2063) approved helmet. Students without these helmets may not take part in cycling, on or off school grounds.

Children under 12 years, by law, are allowed to ride bicycles on the footpath unless there are signs that specifically prohibit cycling. Children aged between 10 and 12 years old should avoid cycling on busy roads (for example Windsor Rd). The Department of Education and Communities supports the RTA in this recommendation.

Cyclists over 12 years must not ride on the footpath unless it is signposted as a shared footpath. Cyclists, just as other road users, must comply with all road rules.

By law, bicycles must be fitted with a working brake and bell. This is a parent and carer responsibility.

Schools are obliged to notify parents and carers when a student is seen to be not wearing or incorrectly wearing a bicycle helmet when riding to or from school.

Once a student arrives at the school gates/boundary they must dismount from their bicycle and **WALK** the bicycle to the caged area adjacent to the Front office. They must provide their own lock to secure their property.

Although the school can provide an area for storage it cannot accept responsibility for theft or damage.

At the end of the school day, students put on their helmet and **WALK** their bicycle to the front gate or school boundary at which point they can then mount the bicycle for their journey home.

A handwritten signature in black ink that reads 'Mrs N. Vazquez'.

Mrs N. Vazquez

Principal

Ph: 9630 4116 www.northmead-h.schools.nsw.edu.au email: northmead-h.school@det.nsw.edu.au

Campbell St, Northmead NSW 2152

Imagine, endeavour, achieve.



Northmead

Creative and Performing Arts High School

Detach and return to the Front office

Bicycle Permission note

I have read and discussed the policies outlined earlier with my child/ward and they will adhere to these policies.

_____	_____
Name of child/ward	Signature
_____	_____
Signature Parent	Date

My email address is: _____



A non-profit social group operated by the Single Parent Family Association

ARE YOU A SINGLE PARENT?

Every week **Single with Children** provides fun and exciting activities especially for single parents and their children (many activities are subsidised or even free)



It's a great way to meet and get to know people in your area

To find out more and get a **FREE** copy of our social calendar, contact us today.

Call 1300 300 496

Or visit our website:
www.singlewithchildren.com.au

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CONFIDENCE IS THE BEST SELF DEFENCE

You are invited to attend a **FREE TRIAL CLASS** at our upcoming **Open Night**

Northmead High School Monday, Wednesday and Saturday Morning, call the number below to book in for a free lesson

Our classes provide a positive learning environment for the whole family. Students of all ages can build confidence, improve their fitness and be empowered to reach their maximum potential in all areas of life. All family members welcome (5 years+)

Family discounts available

Allan Davies 0411 704 812 Charmaine Agius 0450 011 690

gkrkarate.com



NORTHMEAD PRESCHOOL

52 Moxhams Road Northmead
(Located across the road from Northmead Primary)
Ph 9630-2676

We promote: Early years learning framework
National quality framework
School readiness program
8am – 4pm \$62 per day
Half day of 4 hours \$35 per day
Child care benefit & child care rebate available
Email: info@northmeadpreschool.com.au
Web: www.northmeadpreschool.com.au

Northmead CAPA High School does not endorse or recommend any commercial products, processes or services as mentioned in this newsletter.

COMMUNITY INFORMATION



Shop 12-16, 2-6 Campbell St, Northmead 2152
(Walking distance from Northmead High School)

Ph: 9098 6488

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Friendly family dentists, passionate about helping you achieve and maintain a beautiful, healthy smile.



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- Treatment for children of all ages, and of course adults too
- Happy gas and IV sedation
- Bulk billing for eligible children under **Child Dental Benefit Scheme**.
- **ONLINE** booking now available via our website (Conditions apply)
- CBHS Preferred Provider
- Easy parking, ramp access



Northmead Uniting Netball Club

Northmead Uniting Netball Club is a member of the Gooden Reserve Netball Association. This is a local community competition held on Saturday afternoons at Gooden Reserve in Baulkham Hills. We are committed to maintaining a low-cost competition that has a friendly, safe and welcoming environment where girls (and boys under 12) of all skill levels can participate.

2018 REGISTRATION COSTS

These fees are a one-off payment which covers the **entire season**.



Fun Net: \$55
Up to Year 7: \$75
Year 8 and above: \$80
Season starts 7th April 2018



Register online now at:

www.goodenreservenetball.com

Go to Northmead Uniting tab. Registrations close 16 February 2018

Fun Net:

For ages 5 – 7 (Kindy and Year 1) we have Fun Net, which teaches basic ball skills, the rules of the game and teamwork. Fun net is held every Saturday at 12.30.

Junior Competition:

Years 2 to Years 12 at school. Our junior competition is open to everyone, including those who have not played previously. Games are held every Saturday between 12.30 and 3pm.

Adult Competition:

Our adult division is a social competition with a fun, friendly atmosphere. We have players who join after not playing for years and even those who have never played. This is the perfect competition to join with a group of friends for some exercise and fun! Teams and individual registrations welcome.

Email: northmeadnetballclub@gmail.com



www.facebook.com/NorthmeadUnitingNetballClub <http://www.goodenreservenetball.com>

Northmead CAPA High School does not endorse or recommend any commercial products, processes or services as mentioned in this newsletter.