

The Achiever

Northmead Creative and Performing Arts High School newsletter

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Mr M Milne (Deputy Principal)

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IMPORTANT DATES

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28.11.16	Formal Assembly Years 7-10
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15.12.16	Year 10 Formal Castle Hill RSL
16.12.16	Last Day of School for Students
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SECOND HAND CLOTHING

Parents/Carers,

Your help is required!!

We are in desperate need of second hand uniforms.

If your child has outgrown their school uniform and it is still in good condition - Why not donate it back to the school? We would really appreciate the donation and will find them a good home.

PLEASE NOTE THAT 19 & 20th DECEMBER 2016 ARE STAFF DEVELOPMENT DAYS
Students last day of attendance is the 16/12/2016

ACHIEVER OF THE MONTH - Aidan Mansell Yr 9

Aidan Mansell from year 9 is a multi talented student. Aidan has won an International Design Competition using the 3D printer to invent a tool which he named "The Nail It".

Aidan designed "The Nail It" with the intention of making life easier for people with a disability, arthritis etc.

The inspiration for this invention came from his Engineering teacher Mr Knight who told Aidan that at times it was quite challenging and often frustrating holding a nail and hammering it into an object, with this Aidan went to work. What an achievement!!!

Aidan is also a gifted guitar player who is part of the Year 9 Music Performing Arts class, and has represented the school at numerous events such as Showcase at Riverside Theatres, and mid year events, UWS and Maths/Science Head Teacher's conference at the Novotel Parramatta. Aidan also performed at Mr Madry's farewell assembly and retirement dinner with their wonderful rendition of Santana's Moonflower.

Aidan has the ability to perform in a range of styles, including Jazz, Rock, Blues and Flamenco, he studies guitar with Tutor Owain Roberts at school. Aidan also plays the saxophone and is a member of the Northmead Creative and Performing Arts High Stage Band.

WELL DONE AIDAN!!!

Principal Matters

Principal Matters

Last term Year 12 had the week that they had been looking forward to for so long, their final school week. It was a week of mixed feelings, bittersweet: excitement and trepidation. The Year 12 formal at Oatlands was a stunning event. So many glamorous students and it was lovely to see Year '12 as such a happy cohesive group. Graduation Day was another fabulous event and I know the families enjoyed seeing the ceremony and the end of an era. Suren Missaghi and Annie Brown did their final farewell speech. I have included a copy of Suren's speech in the newsletter so that all students can connect with Suren's final message. This month sees the beginning of the 2016 HSC Examinations. The school community wishes Year 12 all the best in their final exams. I hope that all Year 12 follow Albert Einstein's perspective: It's not that I'm so smart; it's just that I stay with problems longer

Once again HSC Dance students have been very successful. Every student in HSC Dance has been nominated for Callback. Allannah Gatt, Susan Lezon, Svetlana Trofimova, have been nominated for inclusion in CALLBACK for core performance and Allannah Gatt for core composition and Hana Ghadirli and Joel Wakefield for Major Study Composition. This is indeed is an honour to be nominated for such a prestigious showcase. Congratulations to all these students for their outstanding performances and to Ms Cullen a glowing acknowledgement of your expertise and commitment.

Other outstanding HSC performances include the Drama students Each Drama student has been nominated for the illustrious Encore HSC Performances, which is an amazing acknowledgement of our student's skills and creativity for their group performances. Congratulations to our outstanding thespians: Carmen Gago Scieb, Hana Ghadirli, Tyler Grayling, Rachel Lee, Jessica Morrison, Ethan Vallejo-Meijer and Ember Wilson. Hana's individual performance was also selected. Well done! I would also like to congratulate our teachers Ms Emery and Mrs Garcia McCabe on their dedication and commitment.

Our Schools Spectacular team of 21 students are having a fabulous time rehearsing with students from across the state for what was the NSW Do E's showcase for the creative and performing arts students in NSW. Our students are from Years 7-11. Cameron Doherty and Ruhi Lavaki are featured artists and Amin Taylor and Brandon Van Oosten have been selected for the urban Dance Crew. What a fabulous event it will be! The performance is on 25th and 26th November at the Qudos Bank Arena (at Sydney Olympic Park). Tickets can be purchased from Ticketek. Congratulations to all our students, we are looking forward to this fabulous performance.

Waikiriri National Finals are on Thursday 20th October on Wakakirri TV. If you haven't voted please go on the website and vote for Northmead CAPA High School [www. Wakakirri.com.au](http://www.Wakakirri.com.au). If you haven't seen the performance it is an amazing performance with a moving story. Congratulations to all our team members. It would be great to add another National win to our collection!! Go Waka!! Recent update Congratulations to our students for winning the National title for Wakakirri!!!

Principal Matters

There have also been many individual achievements of students both at school and in the wider community. Congratulations to Charlotte De Reland Year 12 for her outstanding Academic Achievement at Sydney Distance Education : 1st in HSC Ancient History.

Mireille Renzaho of Year 9 (recently Simone in *Lord of the Flies*) performed in Production of *Hairspray* with the City Kids Theatre at the Riverside Theatres as part of the Spot On Kids Festival last school holidays.

The reviews were glowing: "This year's production was extremely special...the most perfect casting for the show, the lead roles absolutely nailed their performances and embodied their characters to perfection. The exquisite Ms Motormouth Maybelle, Mireille Renzaho stepped into the role in the last few weeks and delivered such a strong performance, her ' I Know Where I've Been' is the showstopper song of the show and it truly was a showstopper and she wowed the audience. " Congratulations Mireille on an outstanding performance. We look forward to seeing more of your performances.

Shenae Tairol ,Year 12 attended a course this year at Style Academy for Photography and her pictures were selected for publication in Girlfriend Magazine. She also had her photography portfolio in an Exhibition at Bondi and completed a photo shoot with Dolly magazine advertising Girl Lane cosmetics. Girl Lane then used her photograph for their Instagram page. Congratulations Shenae, I have a feeling we are going to see more of your work.



Congratulations are also due to Aiden Mansell Year 9 who won an International Design Competition using the 3 D Printer. His design was called "The Nail It" which is a tool that had been originally designed to assist the hammering of nails into an object. He invented this tool to help people who have limited or no use of their fingers, who suffer from severe arthritis or people who have Parkinson tremors.

Principal Matters

The design process took many directions however he discovered that this particular design had multi-functional uses. For example, it can help *with placing* a credit card into an ATM, pick up small objects or even hold a small object into place.

The original inspiration came from his Engineering teacher who had an amputated thumb and found fiddly task quite difficult to carry out. Mr. Knight told Aiden that holding a nail and hammering it into an object was quite challenging and often frustrating as it was something he had to do quite regularly.

The main objective to entering this competition was to invent an object that could ultimately make people's daily tasks easier. Along the way Aiden learnt about the complexity of design and functionality and with every hurdle grew more decisive in his task. I think Aiden achieved his objective. Congratulations Aiden!!



Matilda Walker Year 11 has been selected for the NSW Constitutional Convention on November 7. I am sure Matilda will be a wonderful ambassador for Northmead CAPA High School. It promises to be a very interesting and challenging convention covering items such as 1916 Australian plebiscite, 1951 Communism Referendum, 1981 Tasmanian Power Referendum and a keynote by **Professor Anne Twomey**, Professor of Constitutional Law, and Sydney Law School. Good luck and Enjoy Matilda.

A big thank you to the P&C for their generous donation of \$30,000 to buy faculty equipment. The staff and students are very appreciative of the commitment and dedication of our parent body to ensure quality education for our students.

And finally a huge congratulations to the 250 students who performed at Showcase at the Riverside Theatre. What an awesome event! We have received so many acknowledgements from the parents and community about the professional performance. There are reports and many photos to view in the newsletter. It would also be remiss of me not to acknowledge the huge effort, creativity, dedication and commitment of Ms Emery, Mr Flanagan, Ms Garcia McCabe, Ms Cullen, Ms Sammes, Ms Trenear, Mr Wilson and Ms Kim.

All in all, as we approach the end of the year and yearly assessments and reports it is a very busy time for students and staff.

Regards
Narelle Vazquez

2016 School Captains' Farewell Speech

Graduation speech

Suren: After coming home from formal last night, I think we all felt an experience that we will all remember forever, and how when we got back home, we had all these flashbacks and memories of our past 13 years of schooling, like how Chris Brown's "Forever" reminded us of our primary school discos. It's amazing to think that in less than an hour, we will all be graduating year 12. We all started this journey 6 years ago, shy, and nervous at starting high school. We didn't know what we would expect, whom we would meet, and how this would all turn out.

I think it's safe to say that the beginning of high school was intimidating. People found themselves in different social groups and cliques. But after some time and our transition to senior school, we started to all grow and mature, and find our true selves – we started to become closer together as a year group.

Something that everyone can agree on is that our friendships with one another have always changed. There would be those friends that we were super close with, which all of a sudden became complete strangers, and then there were those friends who we never even noticed, in which until only recently became our closest friends.

Year 11 camp is a great example of this. After 5 years excluding year 10 formal which was also amazing, the grade finally came together as one. So many of us were dreading camp, the flies, the terrible rain, and the fact that we were forced to participate in abseiling and other activities that actually require effort, unlike watching our favourite show on Netflix in our warm beds at home. But besides the slippery pasta, and the uncooked rice, not to mention that fly we spotted on the beef patty, we all had such a great time.

We think that the most memorable moment was when we were all together in the cabin on the 2nd night, where we played the planking competition. For once, no one cared about what social group they were from or who they usually hung out with. Instead, everyone was together, cheering for the boys vs. girls competition to see who would win. It was like we were back at primary school, where all the kids screamed at the top of their lungs at swimming and athletic carnivals. But unlike the kids, we weren't screaming because the teachers told us to. We were screaming because everyone was in the moment... we were screaming because the grade was genuinely enjoying themselves together.

Year 7-10 everyone knows, was a complete blur, there are certain things we remember but most of it seemed routine and ordinary. We think year 11 and 12 was probably our most memorable years. Maybe because we became older, or maybe because the over-the-top levels of stress made senior school the most memorable part of high school.

Although a lot of us enjoyed the friendships we created in high school and the memories we had, a lot of us will question ourselves why we were forced to do subjects we didn't want to do, or why the education system bases our personalities as a number (ATAR), rather than by who we really are and all the potential that we carry, that can't be measured by memorizing textbooks and applying it to the HSC exams.

We think that's where our favourite word comes in; (drum roll) **purpose**. Some of us will be going to university next year, others will be going to TAFE or starting an apprenticeship. But the real question is, why are we on this planet? What is our destiny as humans? And what sort of job do we really want to do for the rest of our lives?

And that's where our other favourite word, **independence** comes along. We shouldn't go to university or choose a specific career just because our parents want us to. And at the same time, we shouldn't believe we are not good enough for university or any other career, just because our marks in year 12 weren't great, or our family members never chose to do it. The Dalai Lama promotes that there is destiny to a certain extent, but the real power of the human being is being able to choose their own destiny. No one is born smart, or born to be amazing at something. It's all about taking those opportunities and building yourself as somebody who at the end of life's journey, you will be proud of.

And that's where **success** comes in. Success isn't about how much money you make, having the most attractive partner or being either a doctor or lawyer. Someone may ask, what is success then? And then we reply with the magic word, well, you guessed it. Happiness. Happiness is something that so many of us want. It's kind of an interesting thing because certain things make us happy; it's that warm feeling that you get inside your soul. Some people think that falling in love with someone will give us happiness, others think that materialism or certain achievements comes with happiness.

2016 School Captains' Farewell Speech

We think that **happiness** ties with **purpose**, because if you have a sense of purpose and know what you are doing with your life, then happiness and success will come along with it. But if you continue to have all these negative doubts about what you can't be or do, then you will obviously not find yourself successful.

Some people might say, "oh but there isn't enough *time* to do anything." But hey, if the President of the United States, running the most powerful country in the world, has 24 hrs in a day like the rest of us, then that gives us no excuse for not having enough time to achieve the things we believe in.

So far we have mentioned **purpose, independence, destiny and happiness**. We think that from all of our experiences, the most challenging word that we will face in our lives is **perseverance**. We have all experienced countless downfalls and experienced the feeling of rejection, especially those marks that we get back in year 12 that absolutely demolish us.

But something that we would say we have all learnt from our experiences and downfalls in our attempts to **persevere**, is that "it's not about how hard you can hit, it's about how hard you can get hit." Yes we got that from Rocky, Sylvester Stallone is a great role model. But he's right. **Perseverance** is all about how much negative experiences and downfalls you can take, and then using your positive energy to overcome it. I think we can all remember how when we got our marks back, we straightaway played the blame game. "Oh why did I choose chemistry as I subject? Why does Northmead have their trials so early? Oh but the dog ate my homework!" Or sometimes we might say, "I tried so hard in that exam, and still didn't get the marks I wanted." The sad thing is that nothing is ever perfect, and it won't always be sunshine and rainbows. But we either sit there and think about our past, or overcome it, where we work to improve ourselves for the future. That way, when we experience another downfall, we are stronger in being able to deal with the situation.

From day one, we have been pressured on the importance of the HSC exams and the ATAR. However, although getting a good ATAR makes it easier to transition into uni, we believe that the education system places so much importance on the HSC and getting the highest ATAR possible, that they forget the most important thing (wait a couple of seconds)– **learning**.

Year 11 and 12 shouldn't be about that 99.95, but instead, learning about yourself, the people you really want to associate yourself with, and finally, your place in the world. All of us here are so lucky to have access to free education and all the opportunities that this great country presents to us. So honestly guys, whatever your results are, don't be upset, because it seriously means nothing. It's so much more significant about learning what you really want to do in your life, as opposed to getting a really high ATAR and not actually being passionate about the course you want to study.

Annie: And finally, on the behalf of year 12, we'd like to give a big thank you to our parents and caregivers. Thank you so much for putting up with us, and much of the stress we have caused you at home. There also aren't enough words to describe the importance of having good teachers, because they have such a significant impact on your life, not to mention their role in the HSC. Thank you for your wholehearted commitment to our education and wellbeing. A special thanks to our principal Mrs Vazquez for providing the school countless opportunities to us, as well as our thanks to Mrs Clifton for giving us aid and support as deputy principal. We would also like to thank Daniel, Ethan and Renee, for putting all their time and effort to make such an amazing graduation video, which we will see shortly.

Also, special thank you to our year advisors Miss Griffiths and Mrs Koryani. Thank you so much for putting up with our grade, watching us grow, always being there for nurture and support, and of course, making our year 12 formal one of the most memorable experiences of our lives. As a token of our appreciation, we would like to give you this special gift, which we hope will help you remember us for what we have shared over the past 6 years.

Suren: As the school captains of 2016, thank you for electing us and giving us the privilege to represent this school. We'd like to congratulate the school captains and vice captains and the leadership body for 2017 and wish them all the best for their future, in **leading the school** and leaving a **legacy**. It is has been an honour to represent you, and with this being our last speech, we would just like to say one last thing –

Tonight is the night, we'll fight 'til it's over, so we put our hands up, like the ceiling can't hold us. (The last song we danced to at formal – Macklemore's "Can't Hold Us")

Thank you

Deputy Principals' Report

Deputy Principals report – Ms Clifton/Mr Milne

The holidays are now a distant memory as we race into yet another busy term. The HSC exams are well underway with minimum disruption. Hopefully our Year 12 students are meeting their expectations and coping with this stressful period.

Our Year 11 students are now embarking on their HSC courses and we would encourage them along with their parents to spend time reflecting on their Preliminary results, setting short and long term goals and preparing for a big year ahead. Students at this time can nominate to pick up Extension 2 in Mathematics, English and Ancient History or drop down to a lower level course. Students are to undertake a minimum of 10 units for their HSC. The process to drop or alter their pattern of study will be overseen by Mr Milne.

On Tuesday 25 October, Year 11 students participated in a Study Skills day where they rotated through 4 different sessions designed to enhance their approaches to study. These sessions focused on teacher mentoring scheme, managing stress, study skills and HSC rules and Assessment Policy. A big thankyou to Ms Bardakos, Ms Karayannis, Ms Emery and Ms Parry who led these sessions.



It was fantastic to see so many students nominated by their teachers and receiving recognition for the efforts.

A big thank you should be extended to parents and community members who have shown their support for our students for the fabulous attendance at our recent events including the amazing showcase at Riverside Theatre, the Celebration Assemblies. Thanks also to those parents who completed surveys as part of the “Tell Them From Me” survey and English Faculty Review. Your feedback allows us to continually evaluate our processes and strategical plan for future directions.

Police Talks

In this ever changing technological age, students are increasingly using social media to interact with others. While many of these interactions are successful, it is important that students have a clear understanding of their rights and responsibilities when using such technologies. The Police Liason Officer, Jason Roughley will be speaking to all students in Years 7, 8 and 9 about cyber safety and the importance of understanding the law when using social media.

Canteen News

The school's current canteen tender will end this year and we are currently in the process of advertising for new tenders. A Canteen Committee comprising of staff and parents from the P&C will endeavour to find a suitable replacement.

School Canteen License

Tenders are called for the license of the School Canteen for the school year commencing Term 1, 2017 and for a term of approximately 5 years. Annual school enrolments will be approximately 1030.

General enquires and request for a Tender Information Package should be referred to:

Narelle Vazquez

Northmead Creative and Performing Arts High School

Campbell St, Northmead 2152

Ph: 9630 4116

Deputy Principals' Report

Changes to BUS Routes: (Effective Monday 7th November 2016)

The school has been advised there will be changes to the Hills Bus routes. These changes will affect 2 morning routes.

The bus route **2048** has been discontinued. A new bus route has been created - **2042**. This will cater for those students that were catching the old 2048 bus route.

The **606** has had its route altered. It will no longer go to Fletcher St.

Hillsbus will be updating their website regarding these changes from Saturday 5th November.

Parents can access information regarding these new changes, including the new bus routes on the Hillsbus website - <http://www.cdcbus.com.au> from Saturday 5th November 2016.

Parents can also call Hillsbus for information on 02 8889 7000.

It has been brought to our attention, that a large number of students are not tapping their Opal cards when riding the bus and some students still have not activated their Opal cards and they are being declined when tapping on. **Conditions of carriage: students must have a valid opal card, term pass or pay a cash fare.**

Upcoming events:

Week 4 - Year 7 Lifesaving

Week 4 – 2nd Round Auditions for CAPA stream in Visual Arts, Music, Dance & Drama

Week 4 Thurs 3 Nov - Police Talk Year 8 & 9

Week 5 Mon 7 Nov - Police Talk Year 7

Week 5 Wed 2 to Fri 4 Nov - Year 11 Camp

Week 6 – Year 7 GAT Enrichment

Week 7 Mon 21 & Tues 22 Nov – Year 9 Peer Support training

Careers News September/October, 2016

From Ms Armstrong (Careers Adviser)

In this edition:

Students : Check your emails

Parents and students: Check Careers Facebook page

Career Education lessons for Year 9 students.

Work Experience for Year 10, 2017: Taronga Zoo, Featherdale Wildlife Park or NIDA.

Year 10 Careers Expo

Aaron Skola

Students in Years 9-12 are reminded to check their DET emails at least on a daily basis. I forward lots of information about events and opportunities offered by unis, TAFE and private colleges as well as careers excursions and guest speakers here at school and occasionally employers contact me about job opportunities.

Parents and students are reminded to check out our Careers Facebook page: <https://www.facebook.com/Careers-News-at-Northmead-Creative-And-Performing-Arts-High-School-433605563425997/timeline/>

Starting this week Year 9 students will participate in a Career Education lesson (also known as “Get the Life You Love” lessons) with the aim to encourage students to consider their future career options. Students will also receive information about work experience in Year 10 so hopefully they will start to have a conversation with their parents (if they haven’t already) about planning for this great learning opportunity next year (more information in the next item). Students will also be encouraged to start thinking about their subjects for Years 11/12: Year 10 students in 2017 will be selecting their subjects for senior school in Term 2 so we want them to be prepared to make informed decisions about their future. There will be further Career Education lessons for Year 10 in Term 1, 2017.

Year 10 Work Experience 2017: Year 9 students are starting to receive information about Work Experience for 2017 and are encouraged to start planning now. Students interested in the **Health Industry** can do Work Experience in **nursing, physiotherapy and dental at Westmead, Blacktown or Auburn Hospitals**. Applications will be emailed to students when I receive them. The closing date is unknown at present but it is usually in early to mid-December this year.

Applications have opened for Year 9 students who are interested in doing Work Experience with **Taronga Zoo, Western Plains Zoo, Featherdale Wildlife Park or NIDA** for **2017**. Only 1 student per school per year has the opportunity to do work experience at each of these places, so interested students must complete an application form so that we can select the most appropriate candidate. Application forms have been emailed to every Year 9 student via their DET email. If students want a paper application, they can collect one from my office. Applications close on Friday, 2 December, 2016.

Year 10 Students will be running a Careers Expo here at school on Thursday, 24 November, 2016. In their HSIE classes, students in groups of 3-4 will research an occupation, prepare a flyer about that occupation and organise a display stall. The expo will take place in the Hall all day and students from Years 7, 8 and 9 will visit and rate the stalls and flyers. There will be prizes for the best stall and most informative flyer. It is hoped that all students will benefit from the day: Year 10 students in developing their teamwork, creativity and communication skills; students in Years 7, 8 and 9 by the introduction to a broad range of occupations and career pathways. It is never too early to start planning for their future Careers.

Congratulations to our Year 12 student: Aaron Skola who was awarded “Top Performing Student in a Trial HSC Exam” for Automotive (Mechanical-Light Vehicle) by South Western Sydney Institute of TAFE.

WAKAKIRRI

Does your school have a story to tell? The search is on!

Northmead Creative and Performing Arts High School wins Wakakirri national story of the year award

[Kylie Stevens](#)

24 Oct 2016, 11:25 a.m.



And the winner is...: Northmead Creative and Performing Arts High School was one of three schools in the running for the national Wakakirri story of the year.



It was second time lucky for Northmead Creative and Performing Arts High School.

[Stealing the spotlight: Go to parramattasun.com.au](http://parramattasun.com.au) to watch the video of The Leap, a Northmead Creative and Performing Arts High School production.

Capa - Wakakirri



Eight months of hard work paid off when the school was announced as Wakakirri national story of the year on Waka TV last week.

Behind the scenes: The Northmead cast left a lasting impression on Wakakirri judges Christopher Horsey (left) and Ian Knowles (far right). Pictures: WinkiPoP Media.

Actress Justine Clarke, who led the judging panel said it was a tough decision deciding between the powerful productions.

“I was absolutely blown away by the high standard across the board from choreography and storytelling to the dancing,” she said.

“I went with the one that moved me the most. This one was pretty perfect. It was of professional standard across the board. It was brilliant.”

It was Northmead’s second national story of year nomination in just their second year participating in the story dance festival.

The school also won The Reconciliation Australia Narragunnawali Story award and the cultural category.

Capa - Wakakirri

“The kids were screaming with joy when we were announced as the national winner,” teacher Warren Flanagan told the *Sun*.

“We didn’t expect to win but knew we had a good story to tell. The win means everything. It gives our school a sense of community and shows the kids that they can achieve their ultimate best when they come together.”

Wakakirri announcement and winning performance

Titled *The Leap*, the production is set in regional north Queensland, where a mysterious statue stands out the front of a hotel. Behind the hotel, a mountainous escarpment shadows over the valley with mystery, culture, history and a chilling connection to the statue that echoes throughout the valley, leaving the audience to wonder who she is.

“It’s important to tell stories like this to teach students and the school community about indigenous heritage, which should never be lost,” Mr Flanagan said.

“This heritage should always be remembered, respected and passed onto future generations.”

Judge Ian Knowles described Northmead’s performance at the recent state final as “absolutely amazing.”

“There were so many things I loved about this performance. I was deeply moved,” he said.

The production consisted of 89 dancers and 21 backstage crew, who had been preparing since February.

“The kids already want to start planning for next year,” Mr Flanagan said.

“Wakakirri is something that’s caught on fire here. It’s created a sense of belonging at the school, not just within grades but across the wider school. It’s one of the best things to happen here.”

Mr Flanagan paid tribute to staff, parents and students.

“It’s an important combination to have in Wakakirri.”

Northmead Public School was also a national story of the year nominee in the primary school division, won by Dapto Public School.

Northmead shining stars

BY KYLIE STEVENS

NOT one but two Northmead schools have stolen the Wakakirri limelight.

Northmead Creative and Performing Arts High School (CAPA) took out the secondary schools state final last week. The school won five other awards, including best artwork on set, direction and staging, overall costume design, storytelling and Indigenous Australian story.

Northmead Public School has progressed to its primary school state final after the school won best celebration story, cast/ensemble, individual acting and characterisation, overall set design, well-rehearsed performance, direction and staging and creative use of the signature item at the recent Sydney heat.

Judge Christopher Horsely praised the school on its extraordinary teamwork, ensemble energy and individual performances in the Strictly Ballroom inspired production *A Life Without Dance is a Life Half Lived*.

"We were absolutely overwhelmed to come away with



STAGESTOPPERS: This is the second year in a row Northmead Creative and Performing Arts High School has been a Wakakirri national story of the year nominee.

such an amazing achievement from the show," choreographer Jenny Turner said.

"The kids have been working hard for such a long time and have exceeded our expectations. For them to

create a full production and tell the story of a two hour movie in a seven minute production, we couldn't have asked any more of them. Anything that happens now is a bonus."



TWICE AS NICE: Northmead Public School will steal the spotlight in its second consecutive Wakakirri state final next week. **Pictures: Winkipop Media**

The primary school state final is next Wednesday.

"We've gone up to division one this year against a higher calibre of schools but anything is possible," Mrs Turner said. "All we ask of the children

is that they enjoy themselves and have fun because that's what Wakakirri is all about." Northmead CAPA is one of six schools across Australia in the running for the national title story

award to be announced next month. *The Leap* follows the journey of a young Aboriginal girl and her baby pursued by police. She escapes her tormentors but is forced to choose her fate. She leaps for life, love, freedom and the future, destined for her people.

"As an indigenous student, this story really connected with me," Zane Carr said.

"Wakakirri provided me with the opportunity to perform this story on stage through dance and drama in hope to educate and remind people about our Indigenous, cultural heritage and historical past." Fellow student Olivia Zdrilic paid tribute to the students, parents and teachers involved in the production.

"The Wakakirri event is what keeps me in school. I'm not the average student. I sometimes find learning difficult and I learn differently. Wakakirri allowed me to learn through performance and I want to thank my teacher Warren Flanagan for encouraging me to stay in school otherwise I wouldn't have experienced this amazing event."

Mitchell Youth Leadership Forum

Each year our school is invited to send a few leaders to the Mitchell Youth Leadership Forum held at Vision Valley, Arcadia. The Forum hosts approximately 150 students from schools within the Hills District and the students are put into teams to mix with others for 2 ½ days. The Forum is based on teaching the values of Courage, Integrity and Service and organises fantastic guest speakers who demonstrate these core values. The students participate in group challenges and dedicate time to a community service project in this time as well.



(from the left: Kaylah Walsh, Zara Stuu, Jack Andrews, Muhammad Al-Haary, Oscar He, Sophia Roxas, Molly Dallas, 2 group leaders; Back row: Olivia Allen, Trent Drinnan)

“The Mitchell Youth Leadership Forum was an interesting, amazing and enjoyable camp that has given me so many great memories. Being able to meet new people that would become my friends was a fantastic part of this forum. This forum introduced us to remarkable speakers, who spoke of challenges they had overcome and how we as young leaders can strive to find purpose and passion in everything we do. The activities provided were fun and challenging, which gave individuals opportunities to grow as leaders as well as developing skills while working as a team. Overall this forum was one I will never forget and I’m so glad I had the chance be a part of it”. Zara

Mitchell Youth Leadership Forum



"What can I say, the Mitchell Youth Leadership Forum was one of the best experiences I've been through. Such a vibrant and exhilarating two and a half days of team work, chants and games. I've made a team of new friends and learnt so many life lessons from inspiring leaders in this world. This is like no other leadership forum, and I can't wait until I can apply to be a small leader." Kaylah



Penrith Show

Glossy steers, manicured sheep and crowing roosters formed the backdrop for the Western Sydney Agricultural Schools Showcase at the 173rd Penrith Show. Students from twenty schools tested their skills against each other in activities encompassing educational displays, livestock parading and the Rural Olympics.

The competition started in March when Emu Plains Correctional Services Dairy generously donated an unweaned bull calf to our school. Regular interaction, hand feeding and constant training (every day for almost two terms straight) fostered a strong relationship between the students and calf.

A group of year 10 students researched, designed and constructed a static display on Fertilisers – with a large focus on Worm Farming, Composting and Aquaponics.

All the students hard work culminated on the last weekend of August at the Penrith Show. On Saturday's competition, Lachlan Vanderburg, Tiffany Naylor and Jessica Wellham paraded the calf in the cattle show, earning an overall fourth place. Pierce Bromley, Alyssia Gibb, Alyssa McCoy, Mikayla Pearce, and Macy Salecich conversed with industry professionals and the public on the schools display. Their display achieved highly commended and 6th Place in a very strong competition. Mikayla also placed 5th in the opens wool classing.

On the Sunday, the Rural Olympics team of Macy, Tiffany, Lachlan and Mikayla took to the showground to compete in 5 events – constructing a conventional fence and an electric fence, sheep handling and drenching, chemical calibration and the loading and unloading of a trailer. Our students showed great team work, achieving 5th Place and commendations from all of the judges.

The students presentation, behaviour, and team work was highly commended by the other schools and members of the public. A very big thankyou to the parents who transported students to Penrith over the weekend for extremely early starts and long days.
Ms Atkins



SCIENCE NEWS





DRAMA NEWS

OnStage nominations: Yr 12 2016 superstars!

ALL 7 of our Yr 12 Drama cohort were nominated at the end of last term for inclusion into the best of the 2016 HSC Drama Projects and Performances, On-Stage. This prestigious event is held in February 2017 at the Seymour Theatre Centre and now the students await to find whether or not they are eligible to perform their nominated Group Performances, *'Down on my cluck'* and *'Bomb! And the bug is gone...'*



**Back row- Ethan Vallejo-Meijer Tyler Grayling Ember Wilson
Jessica Morrison**
**Seated - Rachel Lee Carmen Gago-Schieb Jennifer
Ghadirli**

We also salute Jennifer Ghadirli for also being nominated in the Individual Project (Performance) section for her monologue *'The Names They Gave Me'*. She closed the Yr 12 Showcase and the HSC practical examination with this piece – a subtle, beautifully crafted performance reflective of this mature student's talent. Congratulations Jen - I wish you success at your upcoming NIDA audition.

We are *very* proud of this phenomenal achievement and it is a credit to their hard work, additional hours including after school with me, ability to accept feedback and refine continuously that allowed them to create Group Performances that were perfect on the day and fine exemplars of student's creative thinking and ability to critically examine and reflect their worlds.

YEAR 7 STATE DRAMA ENSEMBLE 2016

This year I was honoured enough to be able to be a part of the Yr 7 piece **‘The Spoils of War’**. Some people were new like me to the State Ensemble Program and some people were happy to be back to the Ensemble Program after experiencing it in Primary School. We all started brainstorming ideas to use to be able to turn it into a piece but at the end of Term 2, we had decided on one idea to build on – ‘toys that are alive’.

We started to construct a piece that had great sadness involved, as we knew that many pieces would have already combined comedy to their pieces. However, this piece needed to be something that would move the audience and with the help of our tutor Megan, we constructed bits and pieces in every lesson to pull together. This truly did make the audience feel like ‘Wow! Year 7 are outstanding!’ - as they watched the piece, you could see by their expressions. Our piece revolved around children’s experiences during wartime and included children being loaded into concentration camps and a little girl imagining that the children are her toys based on their movement (including tin soldiers, robots, and ballerinas). The end of the piece showed that everyone escaped and started to row a boat away from the sadness and into the future. The lights dimmed as the audience viewed the innocence of children playing games to create a powerful impact.

This was a very exciting year and I believe that the State Drama Ensemble has built up my drama skills and I hope to be a part of it again next year.

By Danielle Chard



YEAR 8 STATE DRAMA ENSEMBLE 2016

I had the privilege of being a part of the Year 8 State Drama Ensemble performing in *'Oedipus the King!'* Having one year of experience under my belt, this year was definitely something else. Some of us already knew each other from past years, and the new members created a fresh atmosphere for us all. The rehearsal process was really fun and helped us gain new understandings of the elements of drama and performance techniques.

Our piece was based on the idea of Oedipus the King and Greek mythology, using comedy and music to convey this well-known story. The feedback we received was awesome and it was such a cool experience – thank you to our teacher Ms Garcia McCabe for nominating us!

By Thomas Kern



YEAR 9 STATE DRAMA ENSEMBLE 2016

This year was my third year in the State Ensembles Program and it was definitely the best experience. Everyone was so open and loving and we all got on very well. It has been a great experience and we created a strong ensemble, even when we didn't agree on an idea. At first we didn't know what this year was going to be about, but in the end our piece *'After 84'* turned out really well. Our tutor, James wanted our piece to be based on George Orwell's novel *'1984'*. Our piece had a lot of imagery interspersed with powerful dialogue. We used hand-held lights that theatrically engaged the audience into the 'big brother' world. We wanted to intrigue the audience into questioning who our authority figures in society are and who is watching over us?!

It was an amazing time and I look forward to the auditions for the Year 10 State Ensemble.

By Phoebe Volpes



YEAR 10 STATE DRAMA ENSEMBLE 2016

I was part of the Year 10 State Drama Ensemble and it was an incredible experience! The group was such an accepting environment, full of other aspiring actors just like me. We all started the year not knowing anyone and with no idea what was coming, but we soon warmed up to each other and our tutor, Will. He started the year by telling us he wanted to do a piece involving a dog, a table and European migrants. This originally confused us but slowly morphed into, what was an extremely moving and powerful piece of theatre. The Ensemble did a lot of research throughout the year and created small scenes, bringing them together and creating one large piece. We included a dog puppet in the piece, his name was Raja and he symbolised hope. We performed our piece *'Finding Raja'* at the **Lights Up Festival** in Penrith earlier in the year, and although we thought this was a great performance, we also felt like it needed some tweaking. As soon as we returned back to classes, we started refining and enhancing our piece, keeping the same story but changing some particular moments.

In the end our piece was about a seven year old girl named Amira and the story of her family escaping Syria to find refuge in Lesbos. Throughout her journey Amira lost her dog Raja, symbolising in a way the loss of hope. Just at the moment everyone in the audience thought he was gone for good, Raja was found and returned to Amira. The piece ended with a heartbreaking montage about refugees, because although Raja was found and hope was restored, not all refugee experiences are positive. The whole experience of being part of the State Drama Ensemble this year was incredible and I am definitely auditioning again for 2017 - I highly recommend auditioning to other keen actors.

By **Brittany Hickey**



SENIOR STATE DRAMA ENSEMBLE 2016

I had the awesome opportunity to be a part of the State Drama Program for the second year in a row. Last year I joined all alone and was quite anxious, this year I brought along a couple of my best mates to audition. Successfully, all 4 of us got in.

This year my Senior Ensemble played with the idea of the Year 12 formal and what comes after. High school is a big part of your life and when it ends, it can cause a lot of strain on relationships and friendships. Will your friends pull through? Is your boyfriend now your boyfriend forever? Our self-devised piece *'Cut Loose'* explored these questions – with big dresses and clutches in hand! It was such a cool experience and I am excited to audition for next year's State Drama Company!

By **Olivia Zdrilic**



Drama Company – Male Ensemble

This year our Drama Company Male Ensemble was selected to perform their piece *'Innuendo'* at the State Drama Festival on the 20th and 21st October. In our piece we explored the question of 'Are we being deliberately suggestive or are we simply misunderstood?' We also took the opportunity in the spirit of Movember (approaching) to spread awareness for many cancers that are affecting men today. Our piece is a hilarious one playbuilt by the boys in Drama Company and our amazingly creative teacher, Mr Flanagan. We utilised many cheeky innuendos that were witty and smart and the audience were definitely engaged - we clearly made them think twice, just to confirm what they thought they heard!

There was an explicit and non-explicit (PG) version of our play with some lines of the piece being a little too cheeky to perform at the primary school matinee. The performance was a big success with the audience laughing and clapping all the way through.

We also performed at the **Drama Mid-Year Showcase**, **The Lights Up Festival** at the Joan Sutherland Centre and many school performances at assemblies. It was sad to say goodbye to this piece when we performed it for the last time at the Festival but Drama Company will be back with more amazing ideas and performances guided by our amazing directors, Mr Flanagan and Miss Emery. This is an experience I will never forget.

By **Declan Hooke (Yr 8)**





DRAMA NEWS

SPOTLIGHT ON: MIREILLE RENZAHO (Yr 9)

Mireille Renzaho of Year 9 (recently Simone in Drama Company's '*Lord of the Flies*') performed in a production of *Hairspray* with the City Kids Theatre at the **Riverside Theatre** as part of the '*Spot On Kids Festival*' in the recent school holidays. The reviews were glowing:

This year's production was extremely special...the most perfect casting for the show. The lead roles absolutely nailed their performances and embodied their characters to perfection. The exquisite 'Ms Motormouth Maybelle', played by Northmead CAPA High School's Mireille Renzaho stepped into the role in the last few weeks and delivered such a strong performance. Her 'I Know Where I've Been' is the showstopper song of the show and it truly was a showstopper - she wowed the audience!"

Congratulations Mireille on a fantastic year of stellar roles – continue to watch this brilliant young rising star with interest!





SHOWCASE – Riverside Theatre

Over 230 CAPA students blew the audience away with their extraordinary professionalism and talent in our recent end-of-year **Showcase**. The British themed event featured our CAPA classes and ensembles as well as our CAPA companies in Dance, Drama, Circus and Music. It was a lot of work and a lot of fun performing in a professional venue. The CAPA students and their inspiring, dedicated teachers are to be commended on a fabulous night's entertainment.

The photos speak for themselves – take a look at our actors on stage!



Photo credits to the school's Media Crew, led by TAS teacher Ms Boatswain



CAPA NEWS - Drama



CAPA NEWS - Drama



CAPA NEWS - Drama



CAPA NEWS - Drama



CAPA NEWS - Drama



CAPA NEWS - Drama



CAPA NEWS - Drama



CAPA NEWS - Drama



CAPA NEWS - Drama



CAPA NEWS - Drama



CIRCUS AND PHYSICAL THEATRE WORKSHOP

This was my first year participating in the Circus Ensemble and I loved it! A group of 50 DRAMA and CIRCUS ENSEMBLE students and I took part in the Circus and Physical Theatre workshop held in our school hall on the 16th August.

It was a day that I would never forget because I (and everybody) learnt so many amazing skills and techniques. The instructor, Danielle from Swoop Physical Theatre, taught us so many tips and tricks that will help us get better at achieving and performing circus tricks. She taught us how to juggle, hula-hoop, spin disks, do poi as well as many acrobatic and acrobalance positions, creating shapes and animals that were truly outstanding.



By Ashu Kumaran (Yr 8)



CAPA NEWS - Drama Circus Workshop



CAPA NEWS - Dance Showcase

SHOWCASE 2016 DANCE

Congratulations to all the CAPA Dance students who did an incredible job in this years
END OF YEAR SHOWCASE.

YEAR 7 DANCE



YEAR 8 DANCE



YEAR 9 DANCE



CAPA NEWS - Dance Showcase

YEAR 9 BALLETT



YEAR 10 DANCE



11 DANCE



CAPA NEWS - Dance Showcase

DANCE COMPANY



DANCE ENSEMBLE



CAPA NEWS - Dance Call Back

CALL BACK NOMINATIONS

Huge congratulations to our entire HSC DANCE Class for 2016. They all received a Call Back Nomination for their HSC practical pieces, which means they received exceptional results in their practical exams.

Miss Cullen and Northmead Creative and Performing Arts High School are incredibly proud of you all!

ALANNAH GATT – Core Performance & Core Composition (Dancer - Trixie Supit)



JENNIFER GHADIRLI – Major Composition (Dancers – Zane Carr, Cameron Doherty & Adam Ruddy)



CAPA NEWS - Dance Call Back

AMELIA LEZON – Core Performance
&
SVETA TROFIMOVA – Core Performance



JOEL WAKEFIELD – Major Composition (Dancers – Riley Head & Shaylee Pearse)



CAPA NEWS - Dance

UNTAMED

On October 25th 2016, Year 10 Dance went to Roslyn Packer Theatre, Sydney to watch the incredible Sydney Dance Company's work "Untamed".

Year 10 Dance were presented with this invaluable experience as part of their Australian Dance Studies in Terms 3 & 4.

The performance was incredible; all of the students were jaw dropped.
An inspiring piece for our students who are aspiring dance professionals.



CAPA NEWS - Music

CAPA NEWS - MUSIC

School Spectacular

Tickets are available for students to attend an excursion to this year's Schools Spectacular. There are 30 tickets - \$22 each available for Friday 25 November at 12pm at Qudos Bank Arena in Olympic Park. A signed permission form is also required to attend this event. Tickets are also available for the evening performances at www.ticketek.com.au

Music Tutoring

Positions are available for guitar and voice tutoring, applications for 2017 are also open. See Mr Wilson for an application form or at the school's website www.northmead-h.schools.nsw.edu.au

Elizabeth Issa is a vocal coach graduate with a Bachelor of Music and diploma of Education degree in Secondary education. Elizabeth has received vocal coaching at Australia's most prestigious music institutes including the International Conservatorium of Music, Joan Sutherland Performing Arts Center and the Australian Institute of Music. From a young age Elizabeth immersed herself in theatre productions, corporate functions that include headline organizations such as the NRL, cancer council, starlight foundation and bear cottage amongst others as well as parliamentary events, church programs, competition work, radio, media and television (Australian Idol backing vocals 2009 BV's + The Voice 2012 Contestant).

In 2013 Elizabeth released her debut single 'Party People' successfully gaining airplay across all Sydney radio stations. In 2014 she released her second single as original artist with 'Frozen Love' gaining international success hitting no 8 on the iTunes RNB charts along with the music video gaining airplay on iFAMETV around Europe and the US.

Owain Roberts has been learning the guitar since he was 5 and his interest in all things musical has only increased since that early age. Guitar has always been his main passion and he has had lessons with some of Sydney's best guitarists covering a wide range of styles (Rock, Pop, Fingerstyle, Jazz, Heavy Metal, Classical, and Blues to name a few). He has also learnt piano, vocals and bass guitar formally and dabbled in many other stringed instruments. On top of his instrumental training Owain has completed a Bachelor of Music at the University of Western Sydney majoring in composition and performance.

Owain is great at helping students of all ages anywhere from beginner to advanced skill levels. Whether you are looking to just learn some songs, or want to dive in a little deeper and improve technique, explore improvisation and composition ideas, or learn about music notation and music theory, he will tailor lessons suited to each individual student with a focus very much on student enjoyment. As the most important part of learning music is enjoying what you are doing.

CAPA NEWS - MUSIC

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Arts Unit Opportunities

There are a range of performance opportunities available through the Arts Unit which include festivals, camps and performance ensembles. Students and parents are encouraged to visit the website for further information.

www.artsunit.nsw.edu.au/music/music

2017 Instrumental Ensembles - Jazz and Classical Ensembles

Additionally the opportunities to audition for the various instrumental ensembles for wind, string, brass instrument.

Information and applications are here: [Instrumental Music Ensembles Applications](#)

Meet The Music 2017

Students who are interested in attending the Sydney Symphony Orchestra concert series in 2017 at the Sydney Opera House. Students can obtain a permission note from Ms Kim in the CAPA staffroom. There are 10 places available with a concert each term on Wednesday evenings. Students will meet at 4:30pm in Parramatta Station, and will return at 9:30pm.

Showcase DVD Orders

Enjoy the performance again on DVD and Blu Ray. Orders are still being taken for this years Showcase. DVDs are \$25 each. Orders can be made online at www.trybooking.com. Orders will take 2 to 3 weeks whilst the DVD is being produced by Advantage Video Productions. All orders will be distributed to the Northmead CAPA High School student name nominated online. Please ensure your child collects their DVD from the CAPA staffroom once notified of the delivery from the production company.

Showcase

Congratulations to all of our wonderful performers who were involved in the Showcase concert at Parramatta Riverside Theatres. An excellent standard of performance with an opportunity to develop and refine performance skills. The performance attire for music students is required for all public performances, including in school and external activities. The standard uniform for males is black trousers, not jeans, a black collared long sleeve shirt, black socks and black leather shoes. Girls have the option to wear a black dress, knee high skirt or trousers with black stockings and black leather shoes.



CAPA NEWS - Music



CAPA NEWS - Music



CAPA NEWS - Music



COMPULSORY SCHOOL ATTENDANCE



Education &
Communities

Compulsory School Attendance

Information for parents

Education for your child is important and regular attendance at school is essential for your child to achieve their educational best and increase their career and life options. NSW public schools work in partnership with parents to encourage and support regular attendance of children and young people. When your child attends school every day, learning becomes easier and your child will build and maintain friendships with other children.

What are my legal responsibilities?

Education in New South Wales is compulsory for all children between the ages of six years and below the minimum school leaving age. The *Education Act 1990* requires that parents ensure their children of compulsory school age are enrolled at, and regularly attend school, or, are registered with the Board of Studies, Teaching and Educational Standards for homeschooling.

Once enrolled, children are required to attend school each day it is open for students.

The importance of arriving on time

Arriving at school and class on time:

- Ensures that students do not miss out on important learning activities scheduled early in the day
- Helps students learn the importance of punctuality and routine
- Give students time to greet their friends before class
- Reduces classroom disruption

Lateness is recorded as a partial absence and must be explained by parents.

What if my child has to be away from school?

On occasion, your child may need to be absent from school. Justified reasons for student absences may include:

- being sick, or having an infectious disease
- having an unavoidable medical appointment
- being required to attend a recognised religious holiday
- exceptional or urgent family circumstance (e.g. attending a funeral)

Following an absence from school you must ensure that within 7 days you provide your child's school with a verbal or written explanation for the absence. However, if the school has not received an explanation from you within 2 days, the school may contact you to discuss the absence.

Principals may decline to accept an explanation that you have provided if they do not believe the absence is in the best interest of your child. In these circumstances your child's absence would be recorded as unjustified. When this happens the principal will discuss their decision with you and the reasons why.

Principals may request medical certificates or other documentation when frequent or long term absences are explained as being due to illness. Principals may also seek parental permission to speak with medical specialists to obtain information to collaboratively develop a health care plan to support your child. If the request is denied, the principal can record the absences as unjustified.

Travel

Families are encouraged to travel during school holidays. If travel during school term is necessary, discuss this with your child's school principal. An *Application for Extended Leave* may need to be completed. Absences relating to travel will be marked as leave on the roll and therefore contribute to your child's total absences for the year.

In some circumstances students may be eligible to enrol in distance education for travel periods over 50 school days. This should be discussed with your child's school principal.



NHS UNIFORM SHOP / COMMUNITY ANNOUNCEMENTS



PLEASE NOTE THAT THE UNIFORM SHOP WILL NOW BE OPEN ON:

**MONDAYS
WEDNESDAYS**

**12:30PM – 3:00PM
7:30AM – 10:30AM**

NORTHMEAD C.A.P.A HIGH SCHOOL UNIFORMS

PRICES EFFECTIVE 7/1/2016 - SUBJECT TO CHANGE WITHOUT NOTICE - INCLUDES SPIRIT

PRODUCT	PRICE	QTY	SIZE	JR/SR	TOTAL
POLO SHIRT-yth.(12-16)	\$30.00				
POLO SHIRT-ad.(18-22)	\$30.00				
JUMPER	\$75.00				
GREY SHORTS	\$30.00				
GREY TROUSERS (Elastic Waist)	\$40.00				
GABERDINE BELT LOOP TROUSERS	\$47.00				
SHIRT	\$30.00				
BLOUSE	\$30.00				
MAROON JNR SKIRT	\$50.00				
MAROON/GREY CHECK SNR SKIRT	\$50.00				
MAROON STUBBIES JNR SLACKS	\$35.00				
GREY STUBBIES SNR SLACKS	\$35.00				
MAROON WATERPROOF JACKET	\$60.00				
SPORTS POLO- yth. (12-16)	\$35.00				
SPORTS POLO- ad. (S-2XL)	\$35.00				
SPORTS SHORTS	\$26.00				
MICROFIBRE SPORTS JACKET	\$75.00				
MICROFIBRE SPORTS TRACKPANTS	\$45.00				
BASEBALL CAP	\$12.00				
APRONS	\$10.00				
WHITE SOCKS	\$5.00				
WHITE SOCKS (4 pairs)	\$15.00				
FOOTBALL SOCKS	\$10.00				
TIGHTS	\$12.00				
BELTS	\$20.00				
TIES	\$20.00				
BEANIE	\$5.00				



SECOND HAND CLOTHING

We are in desperate need of second hand clothing.

If your child has outgrown their school uniform and it is still in good condition - Why not donate it back to the school. We could send these uniforms to a good home.

Message from Back to Basics

Due to overwhelming amount of bounced cheques we have been receiving through the Uniform Shop, we will no longer be accepting cheques. We now offer Visa, Mastercard, Eftpos and Cash.

Sorry for any inconvenience.

The B2B Team

Name: _____ Class: _____
 Address: _____ Phone: _____
 Date: _____ Due Date: _____ TOTAL= \$ _____
 CASH M/C VISA 3 digit verification code: ORDER / SALE
 Card holder's name: _____ Exp. Date: _____
 _____ Signature: _____

CHEQUES NOT ACCEPTED

Enquiries: **BACK TO BASICS SCHOOLWEAR & SPORTSWEAR**

Phone: (02) 4721 7422 Fax: (02) 4721 7429 Email: basics@backtobasicschoolwear.com.au Website: www.backtobasicschoolwear.com.au
COWAN & LINGS PTY LTD ABN 76 006 412 776

UNIFORM

WHITE SOCKS ONLY

BLACK LEATHER SCHOOL SHOES ONLY

SCHOOL CAP ONLY



Northmead

Creative and Performing Arts High School

Bicycle Policy

Students wishing to ride their bicycle to school need to read the following and return the second page of this document with their parent's signature to the Front office.

Parents and carers are responsible for how their child travels to and from school. However, under duty of care, schools are responsible for the student once they have entered the school premises.

Since July 1 1991, cyclists of all ages have been required by law to wear a helmet. By law, all riders and passengers must wear an Australian and New Zealand Standards (AS/NZ2063) approved helmet. Helmets need to be securely fitted and fastened on the rider's head. Advice on how to correctly fit a helmet can be found in the RTA publication *Information for parents and carers about safety on wheels*.

Students wishing to cycle home from sport during school time must have the Principal's written permission and must **WALK** their bike to the venue and in the company of the teacher on duty. Once dismissed from the activity they must wear an Australian and New Zealand Standards (AS/NZ2063) approved helmet. Students without these helmets may not take part in cycling, on or off school grounds.

Children under 12 years, by law, are allowed to ride bicycles on the footpath unless there are signs that specifically prohibit cycling. Children aged between 10 and 12 years old should avoid cycling on busy roads (for example Windsor Rd). The Department of Education and Communities supports the RTA in this recommendation.

Cyclists over 12 years must not ride on the footpath unless it is signposted as a shared footpath. Cyclists, just as other road users, must comply with all road rules.

By law, bicycles must be fitted with a working brake and bell. This is a parent and carer responsibility.

Schools are obliged to notify parents and carers when a student is seen to be not wearing or incorrectly wearing a bicycle helmet when riding to or from school.

Once a student arrives at the school gates/boundary they must dismount from their bicycle and **WALK** the bicycle to the caged area adjacent to the Front office. They must provide their own lock to secure their property.

Although the school can provide an area for storage it cannot accept responsibility for theft or damage.

At the end of the school day, students put on their helmet and **WALK** their bicycle to the front gate or school boundary at which point they can then mount the bicycle for their journey home.

A handwritten signature in black ink that reads 'N. Vazquez'.

Mrs N. Vazquez

Principal

NCAPAHS Bicycle Policy



Northmead

Creative and Performing Arts High School

Detach and return to the Front office

Bicycle Permission note

I have read and discussed the policies outlined earlier with my child/ward and they will adhere to these policies.

_____	_____
Name of child/ward	Signature
_____	_____
Signature Parent	Date

My email address is: _____

Community Information

HOLLY MIEKAUTSCH

MAKEUP ARTIST

0406 613 016



FORMALS

SPECIAL OCCASIONS

PIANO, KEYBOARD AND ORGAN TUITION IN BAULKHAM HILLS

Beginners to advanced level, all styles of music, kindergarten to adults.

\$32 per half hour

Heather Moen-Boyd B Mus, A Mus A, LTCL, FTCL.
heatherboyd131@hotmail.com 0423 808 991

Northmead CAPA High School does not endorse or recommend any commercial products, processes or services as mentioned in this newsletter.

Community Information



ARE YOU A SINGLE PARENT?

Every week **Single with Children** provides fun and exciting activities especially for single parents and their children (many activities are subsidised or even free)



It's a great way to meet and get to know people in your area

To find out more and get a **FREE** copy of our social calendar, contact us today.

Call 1300 300 496

Or visit our website:
www.singlewithchildren.com.au



Shop 12-16, 2-6 Campbell St, Northmead 2152
(Walking distance from Northmead High School)

Ph: 9683 5300 or 9098 6488 www.twinkledental.com.au 

We are a team of family dentists, passionate about helping you gain and maintain a beautiful, healthy smile.

We offer:



- A full range of dental services – preventative, orthopedic orthodontics, crown and bridge, veneers, teeth whitening, oral surgery, dental implants, and much more.
- Treatment for kids of all ages, and of course adults too
- Happy gas and IV sedation
- Bulk billing available for eligible children under the Child Dental Benefit Scheme. Eligibility is assessed by the Dept of Human Services.

Come and see us soon 😊

Check us out on Facebook

Northmead CAPA High School does not endorse or recommend any commercial products, processes or services as mentioned in this newsletter.